



PART - IV
II YEAR UG –SELF LEARNING SUBJECT
(For those who join From June 2023 Onwards)

Sem	Subject	Hours	Credit	Int+Ext =Tot	Subject Code	Focus on Employability/ Entrepreneurship/ Skill Development	Revised/ New/ No Change/ Interchanged. (If revised % of change)
III	Value Education / மதிப்புக் கல்வி	-	3	25+75=100	U24VE31		New

VALUE EDUCATION

(Separate questions may be set for both Tamil and English medium students)

Contact Hours per week : Nil

Subject Code : U24VE31

Contact Hours per semester: Nil

Credits: 3

Course Outcomes

CO1: To introduce value and make aware of its importance

CO2: To educate the role and benefits of family and social values

CO3: To give knowledge about the impact of cultural and religious values in life

CO4: To train to develop the professional values

CO5: To introduce the strategies to inculcate values through curricular and co-curricular activities

Unit I: Introduction

Definition – Characteristics of Values – Types of values – Sources of Values – Definition of Human Values – Type of human Values – Role of family and society in inculcating Human Values

Unit II: Family and social Values

Family Values – Definition – Importance of family Values – Role of Family Values – Social Values – Definition – Principles of Social Values – Benefits of Social Values – Factors Influencing the Development of Social Values

Unit III: Cultural and Religious Values

What is culture? – What is Religion? – Definition of Cultural and Religious Values – Importance of Cultural Values – Elements of Religious Values – Factors Influencing Culture and Religion – Impact of the Cultural and Religious in Life

Unit IV: Professional Values

Meaning – Need of Values in Profession – Important Professional Values to be Developed - How to develop Professional Values – Outcome of Professional Values

Unit V: Strategies to Inculcate Values through Education

Inculcating the Values in Education through Curriculum – Co-curricular Activities – Through Literature – Developing Value Consciousness through Story – Role Play – Usage of Filmstrips or Slides – Games.



STUDY MATERIAL

UNIT – I

Introduction

Values are generally regarded as the moral standards of human behaviour in society. The word 'value' is derived from the Latin word 'valio', which first refers to strength and health, and then by natural change, which means useful and adequate. The word 'valor' in French is excellent. Humans need different things to live in this world. However, nothing in this world is free. There is a price for everything and one has to pay the right price to satisfy. We value things in terms of our needs, and our needs depend on our value system. First, there are basic necessities such as food, water, air, shelter and clothing, without which the survival of the body is not possible.

Once these requirements are met, man moves to meet higher needs, such as social needs, security needs, or self-fulfillment. However, not every person follows the same path because one's path depends on the intrinsic values of the person. These intrinsic values are derived by one's nature and one's upbringing. The impact of family, community, nation and individual makes him unique as one creates a unique set of values for each individual. These values determine the person's preference and lifestyle. Values shape the person's personality and determine the development of the individual, family, community, nation and humanity.

Values Definition

- According to M. Haralambos, “A value is a belief that something is good and desirable”.



- According to R.K. Mukherjee, “Values are socially approved desires and goals that are internalized through the process of conditioning, learning or socialization and that become subjective preferences, standards, and aspirations”.
- Zaleznik and David define “Values are the ideas in the mind of men compared to norms in that they specify how people should behave. Values also attach degrees of goodness to activities and relationships”
- According to I. J. Lehner and N.J. Kube, “Values are an integral part of the personal philosophy of life by which we generally mean the system of values by which we live. The philosophy of life includes our aims, ideals, and manner of thinking and the principles by which we guide our behavior”
- T. W. Hippie says, “Values are conscious or unconscious motivators and justifiers of the actions and judgment”

Characteristics of values

Values are different for each person. These can be defined as ideas or beliefs that keep a person likable or undesirable. The variance in that statement is, first, what a person can estimate, and second, how much one values it. Values such as honoring one's parents or owning a home may be specific, or they may be as common as health, love, and democracy. Social sharing and intensely realized values are fundamental parts of our lives. These values become part of our personality. Those with whom we interact are shared and strengthened.

The characteristics of values are:

- Values are very practical and require not only techniques for assessment but also an understanding of the strategic environment.



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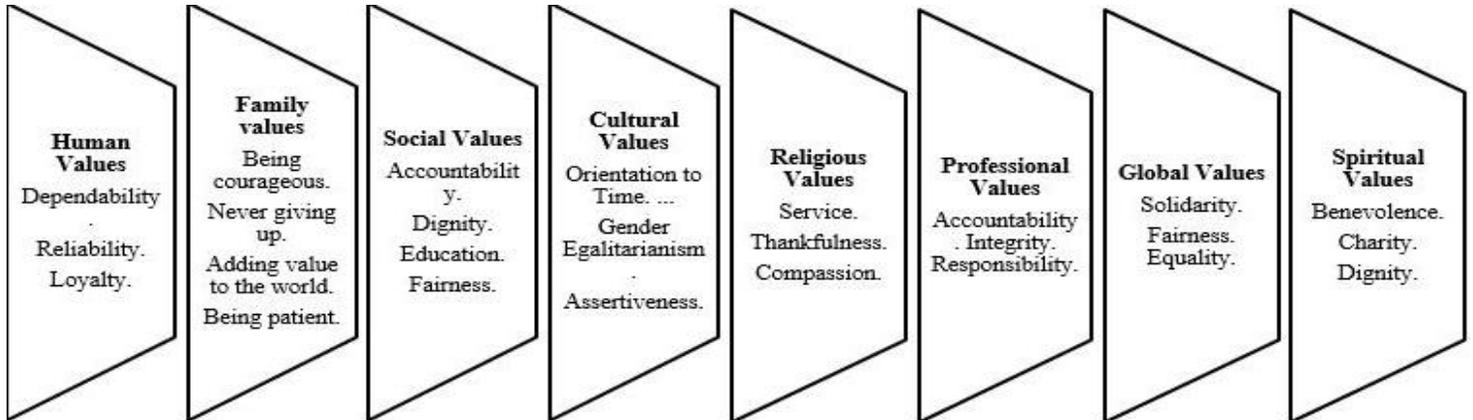
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- They can provide standards of competence and discipline.
- They can go beyond specific circumstances or individuals.
- Personal values can be influenced by a combination of culture, heritage, and internal and external factors.
- They are relatively permanent.
- They are very central to a person's epicenter.
- Most of our core values are learned from family, friends, neighbors, mass print, visual media and other sources in the community.
- Values have a judgment component that carries a person's ideas of what is right, good, or desirable.
- Values vary from culture to culture and from person to person.
- Values play a significant role in the coordination and fulfillment of human basic impulses and wills.
- They are common experiences in social action, driven by personal and social responses and attitudes.
- They build communities and integrate social relationships.
- They shape the best dimensions of personality and the depth of culture.
- They affect people's behavior and serve as criteria for evaluating the actions of others.
- They have a major role in the conduct of social life. They help to create norms that guide everyday behavior.



Types of values



Values are standards or ideals that evaluate actions, people, things or situations. Honesty, justice, peace, and generosity are examples of values that many recognize. In thinking about values, it is useful to distinguish them into following categories:

1. Human Values

Human values have a significant place in society. A set of values is a cognitive framework that describes the life ideals of individuals, their preferences, principles, and cognitive behaviour. We, humans, receive information through our five senses, and human values enable us to discriminate between right and wrong, good and bad. However, with easy access to information, we begin to follow human values, and human values play a significant role in bringing solutions to global problems such as environmental problems, moral problems, and global warming.



2. Family values

One's family values are specific to one's family unit. They represent the ways in which one wishes to live one's family life and may have passed on for many generations. In a Family both the nuclear family and extended family, the values can help ensure bonding among family members. Family values help children, young people, men and women make better choices because they have beliefs that guide them.

3. Social Values

Social values form an important part of the culture of the community. Values are responsible for the stability of the social order. They provide general guidelines for social behaviour. Fundamental rights, patriotism, respect for humanity, values such as rationality, sacrifice, individuality, equality, and democracy guide our behavior in many ways. Values are the criteria that people use to evaluate their daily lives; organize their priorities and choose between alternatives.

4. Cultural Values

Cultural values are the basic principles and ideals of an entire community. They are composed of many parts such as customs, traditions and rituals. Values are beliefs and culture which are the guiding values of a group. Cultural values shape the society and shape and influence the people living within the community to get rid of the problems such as cultural conflict, disagreements, and differences between cultures and individuals.



5. Religious Values

Religion helps to create an ethical framework and integrates values into everyday life. This particular approach helps to create a person's character. In other words, religion acts as an institution of socialization. Thus, religion helps to create values such as love, empathy, respect and harmony.

6. Professional Values

Professional values are extended business-related beliefs or principles for professional conduct. Values may reflect ethics, practices, standards and other regulations within the business environment. In addition, professional values are essential for the professionalization of individuals with identity and effectiveness. Professional values are rooted in personal values and are influenced by family, culture, environment, religion and ethnicity.

7. Global Values

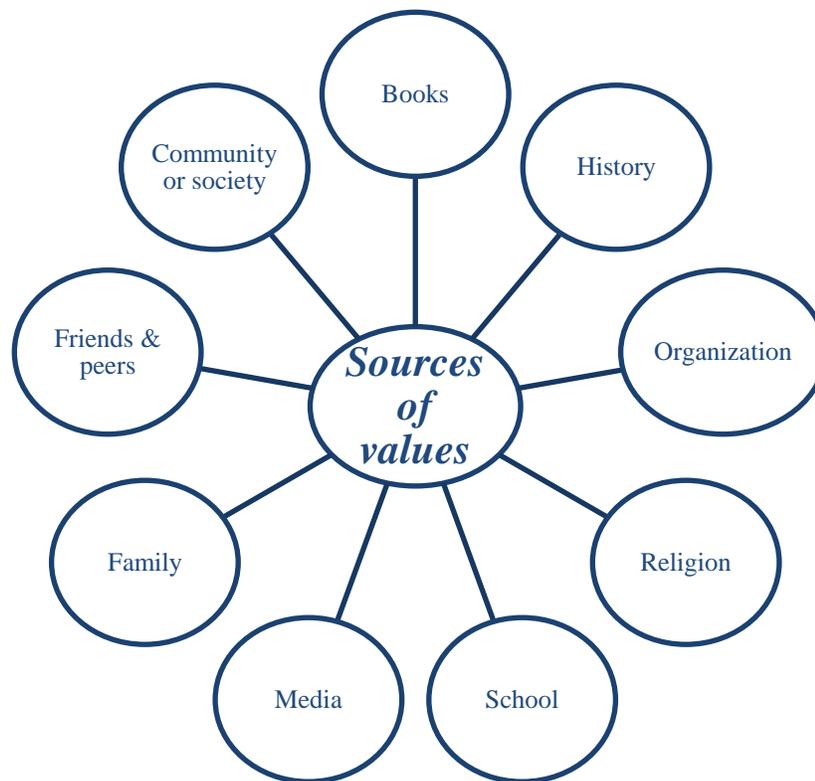
The core set of global values and binding ethical imperatives is valid over time and across geographies, cultures and religions. The common denominator of their respective collective norms is that individual actors and institutions must act according to the Golden Rule, and that their individual and professional lives should be guided by universal values such as nonviolence, reverence for life, solidarity, integrity, justice, truthfulness, tolerance, equality, stability, respect for human rights and integrity.



8. Spiritual Values

Spiritual values are integral values of the human psyche, which encompasses the human, personal, divine and affective values that lead to the spiritual development of the personality. Divine values that help us love God, and the values of submission to God, such as piety and compassion. Finding values helps to build peace in oneself like tenderness and contentment, and thus helps to live in harmony with others.

Sources of values





1. Family

Family is a great source of values. A child learns one's first value from one's family. Values are learned throughout the life cycle. Early childhood value learning is influenced by the process of identifying with parents. Parental behavior and interactions with children represent some values in an open or implicit way. Parents tell their children what is right or wrong, but also provide examples of behaviour that is directed at solving everyday problems. Through the life lessons children learn to express themselves, solve problems, grow from mistakes, and develop other skills and abilities that lead to fulfilling life.

2. Friends & peers:

Adolescence is a time when colleagues play an increasingly important role in the lives of young people. Teens are starting to develop more intimate, exclusive, and lasting friendships than previous years. In many ways, these friendships are an important part of growth. They provide safe spaces where young people can explore their identities, where they can feel accepted, and develop a sense of belonging. Friendship allows young people to develop and develop the social skills needed for future success.

3. Community or society:

Society is for all ages, and it has given us the unique experience of learning about the different value systems of many. It is very interesting to hear each person's story and what is important in their lives, whether they are 6 or 60 years old. It reflects how we interact with the community. From the society we can learn the values like justice, freedom, respect, community and responsibility.



4. School:

Teachers play an important role in the lives of everyone. They not only teach us lessons, but also make us to learn many useful things, such as moral values, social etiquette, how to treat others, and being friendly with our classmates. Technology has opened the door to new learning and has changed the course of education. But a good teacher has the power to change our lives and ignite us in the most perfect way.

5. Media:

Media is used as an empowering tool for developing society. Other Communication is used as a tool to facilitate people's participation in words and development activities. Millions of people in developing countries are excluded from the vast array of information and knowledge, especially the rural poor, isolated from traditional media and new information and communication technologies, which will improve their lives. Communication is about understanding or sharing experience. Growth is about change. It's all about changing for the better. It may be about social or economic change for the sake of progress or improvement. Messages designed to change people's behavior or to improve their quality of life are also known as developmental communication, which can be used to change people's socio-economic status.

6. Organization:

The Values Based Organization (VBO) is a living, breathing culture of core values shared among all employees. This is different from traditional architecture, which is a machine-like, business approach that focuses on an authoritarian type of relationship or a rigid



organizational structure. The values-based system is a culture shaped by a fundamental set of rules that establishes a foundation and guides the principles of decision-making, actions and sense of community. In a values-driven culture, employees find the interaction between their personal values and the company's values and create a cohesive and inspiring workforce. Management and leadership set the example for their organizations and live the values they preach. Strongly held value-systems are rarely flexible but flexible to handle external influences such as strategy or competition or the economy. A strong values-based culture or mission is characterized by productivity and employee commitment over time.

7. Religion

The greatest value of religion is that it teaches people to be humble because of their great limitations. It says that humans are created, and that no matter how much they celebrate this life, it is short, temporary and flows like a river. Religion teaches people to depend on their Creator. It is very clear that although African religion places humans at the center of the universe, they have their limitations.

8. History

History fosters personal and collective identity in a different world. People will find their place at the right time through the stories of their families, communities and nation. Stories of liberty and equality, injustice and struggle, loss and achievement, and courage and success guide people's personal values through life.



9. Books

Books are packed with knowledge, insight about happy life, life lessons, love, prayer and helpful advice. A book communicates knowledge, and not just knowledge, but all kinds of wisdom. “The more one study, the better one read,” they say. In simple terms this means that as one read more, one’s attitudes, one’s ideas, and one’s imagination change. A reader’s personality, behaviour, ideas and knowledge are all structured in the books one reads. There is nothing we can add to our minds other than reading a book.

HUMAN VALUES

Human values are defined as the values that are formulated to achieve harmony in living. It can also be defined as the set of aims and beliefs articulated to follow by humans for achieving their self-esteem and appraisal of their selves. It also helps in maintaining the relationship between human beings in an optimal way. It guides them to approach each other with respect and love. According to Kluckhohn et.al.(1954) “ A value is a conception, explicit or implicit, distinctive of an individual or characteristic of a group of the desirable which influences the selection from the available modes, means ,and ends of action”. The term value signifies the meaning or definition of worth that is attached to any object, condition, principle or idea. Value as a concept is vague and subjective though it is important to an individual e.g. health, happiness. They are our ways behind our actions and the basis for setting our goals. They give meaning to life and form the basis for one’s philosophy of life. It gives directions through the importance we place on the objects and situations in daily living. Values are the general principles and norms



that are to be followed by the human for leading the righteous life. The values are set by humans for each section of life to achieve fulfillment. The values are set in the way that humans ensue which in turn can attain unity, equality prosperity and contentment. It helps to showcase the identity and character of the people.

Types of Human Value

Human values are implemented all over globally thus varying from one part to another. Human values are based on the cultures, traditions, norms of each society. Human values can be categorized under various heads:

Family values

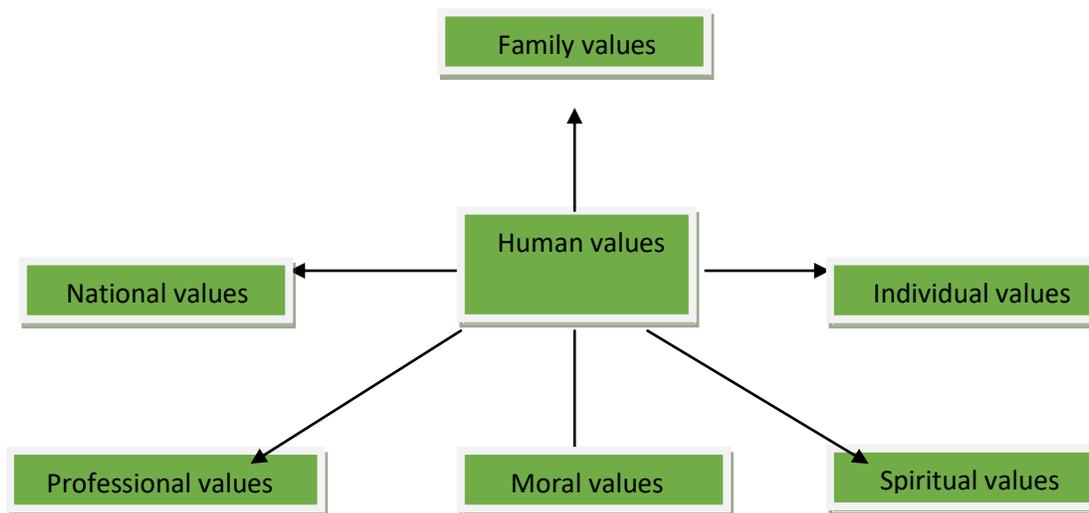
Individual values

National values

Spiritual values

Professional values

Moral values





Family Values

Family value can be defined as the moral and norms that are accustomed by the units of people who follow the same traditions, customs, and culture and transmit with each other who are related by genes.

The family acts as a major source in inculcating the human values in an individual. Each family has a unique culture, tradition, norms. Each individual in the house is powered by the elders in the family who inculcate the values like love, respect, honesty, truth, affection, empathy to kids from a small age. It acts as the basic foundation of the behaviour and mannerism. The family acts as a unit where family values are given importance where the individual is trained to think about the family first and the self-latter which impart values such as trust, affection, selfless love, loyalty, commitment, and empathy. The values help to increase the bonding among the family members and inculcate good manners which righteously lead them. Family values despite indulging personal values also enhance harmony and peace in the society. Family values tend the individual to set goals and determination and work towards it. It may help to improve the unique qualities like sincerity, unity, integrity. It also makes individuals adopt the responsibility towards oneself and others and improve the quality and character of the individual. It helps to impart bonding among relatives and tend to increase the supporting nature of human beings.

Individual Values

Individual values are defined as the internal factor that derives the motivation within to accomplish their goals and achieve success with values as honesty, sincerity, and compassion.



Individual values are adopted by an individual for their self-development and to acquire success.

It differs from each individual based on the culture and lifestyle. Self-confidence, loyalty, honesty, decision making, empathy are individual values. It helps to lead a life on the right path.

The individual values act as the motivator to themselves to strive for hardship with honesty and loyalty. It derives to have sympathy and empathy towards each other. Individual values add a unique quality to humans and help to determine them as a good individual. It enhances their nature and helps both in their personal and professional life. Values develop commitment and sincerity towards one another in the workplace thus elevating the success rate.

Values differ according to each individual due to the cultural beliefs and customs followed in their group of society. Individual values change accordingly to age and maybe adopted respectively. It promotes few personal values like hygiene, safety, cleanliness which support environmental concern. Individual values give freedom to people to follow any kind of value which brings the utmost benefit to the individual. It should be followed in the way that it doesn't offend or hurt others. Individual values always must be in the procedure to uplift the virtues. It is also inherited by the individual based on the family, moral and professional values.

National Values

National values can be defined as the ethics, principles that are regulated by the country to upgrade the standard of the nation. National values are imparted by the country for the development of the nation. It acts as a tool to showcase the cultural tradition and uniqueness of the country. It develops the richness in the country, globally there are many countries which carry various tradition, culture, history, and customs. Though values vary vividly among the regions national values are a common reflection of the whole nation. The countries are



interconnected based on globalisation to support each country economically and securely. Each country has its own set of values and norms after its Independence. The mere examples of national values are justice, peace, independence, and security. Few countries imply strongly on the national value versus individual values where its integrity and quality of the country should be highly maintained. In some countries, the values are made as rules which are to be followed strictly by cultivating good values throughout the nation.

In India, values that are highly maintained are socialism, secularism, unity, truth, non-violence. National values are like the guide followed commonly by all participants of the country to attain the benefiting attributes. It functions as the principle to attain equality in the country. National values maintain harmony among the countries thus avoiding controversies. It also makes the citizen lead life in the righteous path and reduces the crime in the country.

Spiritual Values

Spiritual values are defined as beliefs and ideology described by spiritual personalities that add meaning to the life which helps to the development of spiritual growth in the human. Spiritual values strive to improve humanity and compassion among oneself to attain inner peace. Spiritual values have the source from family, where the children are taught about the spirituality. Mother is the most important person in cultivating spiritual values among children, at growing stages books and the own interest seeking spiritual beliefs improve Spiritual values. Spiritual values are directly connected with God which range differently among various religions and societies and thus creating few conflicts. Spiritual values can also assist in bringing peace among people when understood promptly. The spiritual values origin is unknown as each is created differently and made precisely followed by the supporters. Spiritual values are eternal and are



not subject to change. Examples of spiritual values are compassion, sacred, sympathy, and integration. It is commonly found in the entire nation with little variation. The spiritual values exhibit the good nature in individual and intensify the good quality to be developed. Spiritual values cannot be destroyed as it is universal and nurtured by each growing individual. The belief and the faith in the spiritual value help to bring harmonious life and unity among everyone. Spiritual value plays a key role in attaining peace and poise among each soul. The spiritual values which teach love and compassion help to overcome all the differences in religion and supports unity in diversity.

Professional Values

Professional values are defined as the beliefs, principles that have to be followed in the workplace to achieve the target or goal. The work environment is where many people work together as a group to accomplish the task and achieve the goal in the given time. Many institutions and workplaces have the norms and values set in the written note which is strong to be abided by the employee. Professional values are learned from family, school, and oneself. The professional values can reflect the behaviour of the person in the working environment. More the professional values maintained more goals can be achieved. The professional values are likely, honesty, loyalty, sincerity, teamwork. When professional ethics and values are not followed there is a high risk of the downfall of achievement. It also serves as a guide in decision making and nurturing justice in the work environment. It also helps in providing psychological wellness in employees as dignity is pursued. It acts as testimony or guide to all the workers who work in the environment to motivate and lead formally.



Moral Values

Moral values are the virtuous principles that are followed to define right from wrong and motivate to lead the prominent life which is created by wise people and altered by regions. Moral values increase the positivity in human behaviour and support them to have a disciplined life. It also plays a key role in developing social, spiritual, and individual values and holds high importance in moulding the individual lifestyle by cultivating good character. Moral values are being taught from the early stages of children, by parents, elders of the family, teachers to prepare them as good citizens. Moral values have the power to change the action carried out by the individual. Examples of moral values are truth, honesty, love, kindness, compassion, and sincerity. Moral values have the power to develop self-confidence in an individual and attain inner peace by abiding the morals.

Through the toughest situation moral values reminds the individual to be stable and take the decision with uprightness. It also helps to keep up unity as it teaches the way to treat and approach other people with empathy. Moral values act as the tool to compute the quality of the human and rank the human according to the character. It builds a strong character and raises them with helping and supporting tendencies when others are in difficult times. Moral values learned at an early age helps to differentiate between good and bad and help to take decisions.

The injustice in society is highly minimized when moral values are followed by people. It is also transmitted by every generation with customs and traditions. More than strict rules in the country the moral values help to keep up the right pace and lead the righteous life.

The different values and the sources of value and its examples are discussed below,



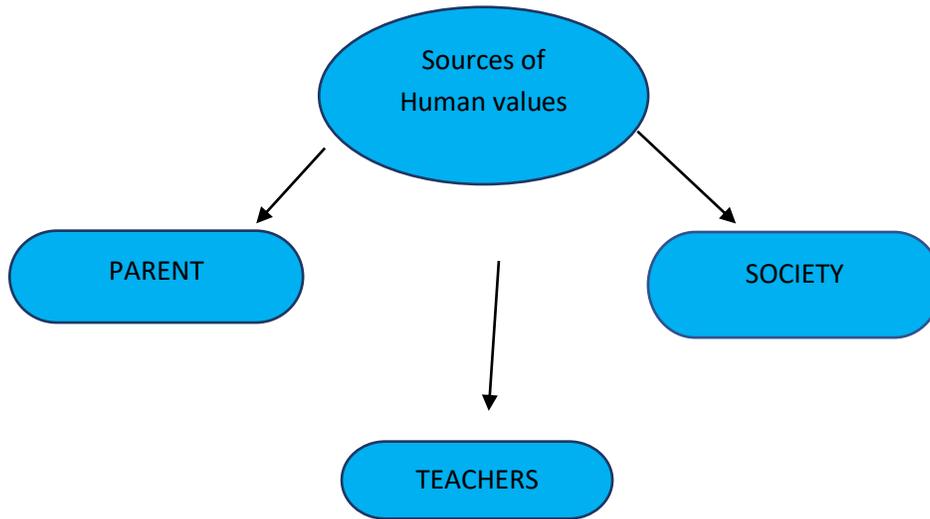
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Values	Source of value	Examples of Value
Family value	Parents, Elders, Relative	Love, Respect, Responsibility
Individual value	Family, School, books and self-thinking	Honesty, Loyalty, self-confidence
National Value	Country, books, Leaders	Independence, socialism, secularism
Spiritual value	Family, mother, Spiritual leaders, Spiritual books	Humanity, Compassion, sacred, serenity.
Professional value	Workspace, individual, work norms	Sincerity, loyalty, Honesty, Team Work
Moral value	Parent, Family, Society	Kindness, compassion Honesty, Perfection.

However, there are numerous values described, each value is interrelated and inspires the individuals to create a successful life and a peaceful environment.

Role of Family and Society in Inculcating Human Values

In this modern 20th century, due to advancement in science and technology, the importance to the human values and the behaviour has been minimizing which caused an increase in crime and violence. Thus imparting human values from the early stage is becoming highly necessary. We could witness the lack of respect, loyalty, responsibility in the growing kids, thus the human value education is at an alarming stage. Families, teachers, elders, society have the main role in planting the ideas and importance of human value in the minds of children.



Parent's role in inculcating Human Values

Parents are the first and the main source for inculcating Human values. The children have their parents as their first teachers and role model in life. Children spend the maximum amount of time with their parents in the early stage where they observe their speech and actions. Children automatically gain their parent's behaviour and thoughts. Parents should be able to cultivate human values by telling real and fictional stories that deeply expresses the importance of human values like honesty, respect, responsibility, etc. Parents can conduct games and teach them sharing and caring while involving them. The children must be taught about the gain they attain while they follow the human values. The parents not the only lecture about human values but also they should abide by human values and so that the children learn to act in the same way. The children must be taught to differentiate right and wrong in life.

The parents act as the tool to impart the family values from generation to generation thus teaching the importance of family, affection, support, respect, and compassion. They act as the



primary source of teaching human values, thus possessing the highest responsibility in imparting the values. Parents can encourage them by appreciating and giving gifts when the children follow the good human values. Even when the children do wrong, good values should be taught with consideration. The non-violence should be encouraged among the children while playing and doing work together. Children should also be given practice to accept the failures not leaving the confidence and taught to treat all equally not considering only themselves as important. They also should transmit good values such as being environment friendly, staying truthfully, and honestly. The most crucial problem in society is people not thinking of other's welfare, they strive hard to only achieve their goals and desires which affect harmony and unity in society. Thus parents play a vital role in imparting values like unity, sympathy, compassion to the children while growing. The children are to be practiced by helping and supporting others in their problems. Parents should also direct the children to gain good education which helps them to impart human values and make them better citizens. Parents teach the children to abide by the rules imparted by the government without any bias.

Role of Teacher in inculcating the human values

The role of teacher's is imparting human values a challenging, task now-a-days as they are in the state to impart both academic knowledge and also develop human values. Now many schools and colleges have a curriculum included value education in their curriculum as mandatory . Teachers are next to parents in cultivating human values , as they are being the role model to the students. The teachers have high authority among the students to influence them towards an idea. The teacher acts as a guide, motivator, guardian, and like a parent who believes only the wellbeing of the students.



Teachers educate the children through various activities like stories, competition, and teamwork which help them to enhance the values. When learned in a group the children can easily understand the concept of human value and practice it. The teacher has the main role in building character, skill development, technical skill, and cultivating traditional values. The students should be taught to be polite and respectful towards elders and take up responsibility for their own actions. Teachers also should enhance the quality like honesty in taking up the exams and co-operative with the students while playing or group learning. They should be given practice to have sympathy, empathy, warmth, and compassion by giving teamwork, conducting games, and conducting competition. The teachers can educate through books and audio-visuals which can create a high impact on students that tends them to understand the values better. According to Swami Vivekananda, “Education is not the amount of information that is put into your brain. We trust to have life-building, man-making, character-making, assimilation of ideas”. The Crime rate done at younger age is getting higher at fast rate in this era, thus value education becomes necessary. Hence Government of various countries made value education a compulsory subject in school and college curriculum.

The students consider teachers as their role model, and eventually obey their words and follow their instructions. The teacher has a duty to develop the students in academics and to develop the values in students which helps the individual and social wellbeing. The teachers must also be given freedom in imparting knowledge of their values through various methods without any hurdles. Teachers have the right to give punishments for the bad behaviour of the students to correct them. Hence the teacher plays the most important role in imparting human values in the individual for the betterment of society.

Role of the society in inculcating human value



Society is where the group of people live together in a stipulated territory with the same cultures, customs and common ideology. Each individual are interlinked and interdependent with each other, regardless of different language, culture and tradition. Thus the need for peace and maintaining harmony becomes essential. The neighbours, colleagues and community, are the different set of society. Society has imparted rules and values which are to be followed by each individual which gives them a disciplined and organized life. The values imparted in society fulfil the emotional and physical needs of the children. The human values set in the society are to be followed compulsorily which defines right from wrong. The society is the major source for teaching traditional values and up keeping the values that don't get diminished in the time being. It also imparts tolerance level where living with different kinds of people becomes habitual. The society also helps in shaping the individual by giving rewards and punishments for their acts. It also gives acknowledgment and appreciation. Society formulates values to be followed by each living in society. Hence the society immensely plays a major role in inculcating human value.

Conclusion

The culture and customs are changing rapidly due to migration for livelihood and the advancement in science and technology which in turn is bringing a change in human value system over a period of time. The exposure to crime and mistakes are getting higher. Some of the values have lost their importance in due course .It is high time that we should analyse and explore the essential human values and try to introduce, inculcate and cultivate these values especially among the youngsters. Thus cultivating human values to each individual from early stage becomes important. Mahatma Gandhi stated that youths should have natural compassionate for fellow human beings so to lead the righteous life and improve the quality of living, human



values becomes essential. Only when the human values are followed sincerely a person can be transformed to a true human.

Exercise

I. Answer the following questions in 150 words each.

1. Write a short essay on the characteristics of values.
2. Describe the role of teacher in inculcating human value
3. Comment on the role of parents in inculcating Human Values

II. Answer the following questions in 250 words each.

1. Elaborate the types of value.
2. Write an essay on the role of family and society in inculcating Human values.
3. What are the sources of values? Describe.

UNIT II

Family and Social Values

INTRODUCTION

The cosmos is an embodiment of all carnal beings, flora and fauna, non-living beings and etc. Every creation by God has its core. The core of every nook and corner of the universe is 'love' that binds us together. Love begins from relationships and relationships on the whole are considered to be a family. When it is viewed in this perspective, the prominence of family is evident. Family which incarnates father, mother and children has a great responsibility of



preserving the peace and ecstasy of the world. Every family creates human beings who are considered to be the soldiers who work hard for the proper survival and sustenance of the ecosphere. Human beings and the universe solely depend on each other for their existence. In the present era, mortals believe that they can succeed and subsist with the help of technology. Our living surrounded by equipments and technology can never make our life meaningful. We live only once in this biosphere, henceforth our life must have a reason for its being. A reason must be something which is alive and touches the core of heart. Family relationships only have the potential to provide a worthy and profound reason

IMPORTANCE OF FAMILY VALUES

The present world has evidenced tremendous changes. This era could also be considered as a hub for artificial intelligence. It has given us innumerable, unimaginable facilities. Though being eased and facilitated, one thing the present generation lacks is the connectivity and the understanding of souls i.e., love. The entry of modern world created a decline to the human emotions.

Our ancestors lived as a joint family which encompassed many relationships such as father, mother, grandparents, uncle, aunt and children. Our predecessors have lived in an era where emotions, love and sympathy played the significant role. They hardly valued the worldly treasures, whereas in the present world, humans forget humanity and mostly praised the technology. The dominance of technology is a great advantage only when it is handled meticulously by the carnal men. When it is seen in this perspective, the prominence of the humanity and love could be understood. Humanity and love could only be taught by familial



bindings. These values must be inbuilt in a person. Henceforth the present modern, instant world requires the affection of family along with the existence of air and water

ROLE OF FAMILY VALUES

Family values denote to the clique of principles which help to the functional activities of the family. Since no one in the entire cosmos is born knowing their family values, it must be instilled in the tender minds of the children. The values are exposed by the family founded upon how they act with each member and others outside of the family. They are the focal point to the structure, happiness and well-being of the family. If a child has knowledge of his certain cores which are to be performed each day, he or she will evidently learn his or her responsibility. Children gain an awareness of their family values only when the parents live by the values and teach those values to the kids.

- **Respecting family members, elders and others**

“Respect for ourselves guides our morals, respect for others guides our manners”, says Laurence Sterne. Respecting others is a humble character which every human soul must possess. Respecting others is the acceptance of our peers and others just the way they are. It requires great bravery to accept everything and everyone as it is. Predominantly respecting everyone is anticipated to be a positive feeling or action expressed towards them. It could also state to something held in high esteem or regard. Exhibiting respect is an insignia of virtuous conduct. Regrettably, in the existing era, there has been denting of the worth of respect. The two indispensable facets of respect are Self-Respect and Respect for Others.

Respect is viewed in various perspectives by many. Some consider respect as an embodiment of valuing others and their thoughts, feelings, etc. It as well as appears to include



acknowledging them, listening to them, being truthful and faithful with them, and acceding their peculiarity and eccentricities. Simultaneously, it comprises taking someone's feelings, needs, opinions, concepts, wishes and predilections into consideration. Unfortunately, none of the above-said aspects of respects are much followed in the instantaneous modern world. In the present era people selfishly respect their time and the technologies rather than concentrating on the authentic sense of respect. Going back in time, respect played an important role in survival. Our predecessors lived a worthwhile life where everything was respected. If the present generation enquires to their grandparents about their living, they will proudly say that they lived a respectful life. The present generation has many things to be learned from our ancestors. Elders are the roots of the family units. Many a time grandparents take the roles of babysitting, teacher, caretaker, guide, healer and so on. The love they shower upon us knows no bound. Grandchildren (during their childhood) enjoy the presence of their grandparents. Once the grandchildren reach the age of adolescence, grandparents show additional care in the thought of keeping their grandchildren safe. This immense care is considered to be a burden for the teenagers.

The love and care of grandparents stays the same, but the way the grandchildren view it differs. In the same way our parents had great reverence for their elders. Even now our parents have a great reputation for the elders out of love and fear. But the impact of money has pushed some of them to forget their human love. They push them into orphanages. But the parents who neglect the elders and their parents must know that in the future, they will also face the same position. They reap what they sow. If they take a good care of their parents by respecting them and loving them infinitely, they will enjoy the ecstasy of their last precious olden days of life. A child learns from what it sees from the parents. Henceforth they have a great responsibility of



raising them properly. Children are mostly considered to be the replica of their parents. So, the parents must instil in them the value of respect for the welfare of the elders, themselves and the entire society. Parenting can be a challenging task and with all of the globe's manipulation and impact, it has the possibility of being downright petrifying. Knowing what we believe in as a parent and what we want for our children will lend a hand for us to raise them to be a responsible and sedulous adult.

EXQUISITENESS OF LOVE AND AFFECTION

The most beautiful and delightful feeling in this world is to be loved and to love. Love is a feeling of well-being and of good, virtuous emotions. Love is a deific feeling and helps people to know the reason for their survival. An intense emotion of deep fondness, it is somehow more complicated than affection. It is an appealing feeling which emerges from the core of our heart. Love can be precisely considered as a benevolent mien which everybody desires for. Expression of desire and emotions woven into words is known as love. Love is the foundation for every relationship as it creates and frames every relationship magnificent and tranquil. It is an alluring and appealing feeling which arises from the core of our heart. "What greater thing is there for two human souls, than to feel that they are joined for life-to strengthen each other in all labor, to rest on each other in all sorrow, to minister to each other in all pain, to be one with each other in silent unspeakable memories at the moment of the last parting?" This splendid phrase of George Eliot conveys us the fervent and soulful meaning of love. People strongly believe that relationships were predestined by God and the tool that drives this bonding is love. Love is present in the beginning of any relationship and stays till the end. Creating values and asking our family members to follow it might be a dominating one and it also might lead to the failure of a



healthy relationship. But when conveying of good values to family members is accompanied by love, the latter effect will earnestly be fruitful. Family which has long been a cornerstone of humanity, regardless of time period, location and culture has its foundation established in love. Literatures around the world emphasize the significance of family, its values and the qualities to be enhanced by family members. Indian Literature stresses a lot in family relationships and how a family and its member's survival must be in this earth. The quote "Family is where life begins and love never ends" conveys the comprehensive denotation of family. Family and love are inter-connected and inter-dependant on each other.

GUIDANCE FOR RAISING AND NURTURING CHILDREN

"Every child is a different flower, and all together, makes this world a beautiful garden."

The presence of children in a place has the power to turn that place into a colourful paradise. Children are one of the finest and priceless gifts of God. They are the world's most valuable assets and they are the best hope for the future. Children are the quintessence of innocence, happiness and all the greatest, good values of the ecosphere. Enlightening a kid is equal to enlightening our future. They are the ones who are very pre-eminent and vital for determining how the world will be after some years.

Parents are considered to be the first world, first teachers, first guide and the first ones to show what the world is. First impression is often taken as the best impression. Henceforth parents must sow the right seed in the children, as they form the base root for the children. Every parent desires their kids to be the best in everything and they also take a lot of efforts to infuse in them good qualities. But the parents must also remember that the children's first role model is their parents. When parents walk in a virtuous and righteous way, only then the kids know how



to implement the values that were taught to them by their parents. Many a time parents concentrate in making the children know the values, but more than knowing the values, the children must understand the core reason for values and the reason why they are to be a part of everyman's living. The present generation is far more intellectual and wiser than the former generation. So the parents must mend and teach them values according to the tender minds. The young generation easily grasps anything intellectually when it is taught to them. The parents must know the clever tactics to fascinate and captivate the juvenile buds. Parenting is a journey that exemplifies plenty of patience and understanding. Good parenting is the vital guide to provide children the best childhood. Childhood is very important as it is the base of every phase a person goes through. A person's success also depends upon his or her childhood. A child expects nothing but love, affection and time from their parents. All these are considered to be some of the characteristics of good parenting. Some of the other merits of good parenting include

- Listening- Paying attention
- Understanding
- Compassion
- Patience-Endurance
- Consistency- Reliability (the trust that parents give to children)
- Empathy
- Revelation of love
- Ability to express love
- Flexibility
- Spending time



- Creativity-going with the flow of kids (correcting them according to their ways and ideals)

When parents learn, analyze and follow the above -mentioned attributes, the process of guiding the children in the correct path becomes easy. The above qualities not only help to nurture the minds of children, but also the minds of the parents.

Social Values

Social values are the idea of what is good, bad, just, fair within a society. Montesquieu admits, “Man is a social animal, formed to please and enjoy in society.” Man must develop good relationship with other men, to enjoy himself. Hatred will lead to fall of man. Duplicity never lasts long. Society is the atmosphere of souls; and we necessarily imbibe from it something which is either infectious or helpful. People who love their community will not stop loving and helping as much as possible even if they do not have enough wealth with them.

Social values provide the general guidelines and set standards for social conduct. It plays a vital role in maintaining the stability of social order. For example equality, justice, human rights, patriotism, respect for elders, empathy, charity, sacrifice, materialism, consumerism etc. Social value may differ from individual value. It contains a concern for other’s welfare. In the United States, sociologists have identified cultural values including success, hard work, freedom, equality, democracy, individualism, and progress but in Sub-continent people consider respect, protection, hard work, socially active, honesty, religious practices and etc.

Social value is the quantification of the relative importance that people place on the changes they experience in their lives. Some, but not all of this value is captured in market places. It is important to consider and measure this social value from the perspective of those



affected by an organization's work. Example of social value might be the value we experience from increasing our confidence, or from living next to a community park. These things are very important to us, but are not commonly expressed or measured in the same way that financial value is.

Social values are operative in the social relationships, social structures and the basic social institutions created by a society. They affect the manner in which the economic and political activities of the society are carried out, and how power and authority are distributed in it. The quality of individual and collective life in the highly complex modern society very much depends on these social values. Social values such as peace, concern for environment, love, adaptability, hospitality, humor, self-reliance, benevolence are treasured for a healthy atmosphere but now-a-days due to political and economical influence and selfish individualism, these qualities are fading away gradually.

Factors influencing the development of Social values

- Maturation and social interactions
- Physical factors
- Home influences
- The Social Environment
- Government policy
- Social media
- The Teacher and guide
- Religion
- Celebrations and beliefs



Maturation and Social Interactions

Self development or maturation will lead to develop our social values. If people develop themselves first, they can easily get respect among the society. Some will not mingle with the society even though they can maintain their social respect. Some will get respect when they enter and interact with society. Personal attitude, respecting others, helping mind, way of speaking are also help to develop social values. The young child has only a very limited capacity for understanding the world about him and he is consequently incapable of forming attitudes about remote, or complex, or abstract things or problems.

At about a mental age of twelve years the child begins to understand abstract terms such as pity and justice, and his capacity for both inductive and deductive reasoning shows a marked and continuous increase during adolescence. As a result of this growth in capacity, he becomes able to understand and react to more abstract and more generalized propositions, ideas and ideals.

At the age of four or five years, three characteristics especially deserve mention. These are curiosity, centre-suggestibility, and independence. The child at this age is likely to express his curiosity by asking an endless series of questions. Adolescence is marked especially by the maturation of sex emotions and by the development of altruism and co-cooperativeness. These in large measure furnish the basis for the formation of attitudes that differentiate adults from children. Boys at the age of twelve years may have a distant interest in girls and they may even have crushes on particular girls, but their interest is quite different from what it will be some years later.



Physical Factors

Sometimes physical factors will help people to develop their social values. Physical appearance will create social respect among the society. It includes neatness, dress code, gestures, etc. For example white color defines purity, so white will be accepted in all places. But black is a symbol of darkness so it will not be accepted. Revolutionists will be differentiated from politicians by their dress. Often persons with well-built physique can easily create fear and get respect among the society than soft and thin figures. But leaders like Lincoln, Napoleon, Hitler and our former president APJ Abdul Kalam have broken this concept.

Home Influences

Family is a part of society. If a person is good in maintaining family relations, he or she will be good in society also. Family teaches the person that how to behave among the society. Learning process begins from the family. Good characters like social responsibility, respecting others, helping others come from the family. A child is learning most of the things from the parents. If parents use abusive words in front of the child, he or she notices and considers words as normal and begins to apply with others in the society. So family takes important role in developing social values.

The Social Environment

The home environment is of primary importance in the formation of early attitudes, but friends, associates and the general social environment come to have an increasing influence as the child grows older has wider social contacts. Social reactions help the people to find which is right and wrong. If society appreciates any behaviour it will be considered as good unless it is contemptuous. Sometimes society will lead people to success. Leaders like Lincoln and Dr.Ambedkar succeeded in their lives because of the ill-treatment by their contemporary



society. Social and natural calamities like Tsunami, flood, Covid-19 also create unity, helping mind and empathy among the people.

Government Policy

The form of the government seems to be an important factor in determining attitudes both towards government itself and towards other things. Sometime people consciously follow the rules and regulations. When they fail to follow, Government strictly ask them to follow and make them to realize their social responsibilities.

Social media

Now a days media plays an important role in earthly life. Media exhibits the life of social activists, leaders and successors. When people enter in to social media, they come to know these kinds of socially responsible persons. So they also understand their role to society and about social values. Daily news helps to understood social conditions. People will be aware of the society through the daily news. Social media leads the people to public awareness. Through the social media people interact with society from their places. From this interaction they can develop their knowledge and share their public opinion. They can support or express their opposition on social evils through the social media.

The Teacher and guide

An important role in making valuable society is played by the teacher. Teachers are the second parents to the students. Not only teaching lessons are the duty of the teacher, but also teaching moral and social values. Through the story of Karna, Harichandra and the like, a teacher teaches not only the story but also the moral behind it. Sometimes teacher may be from the society not in the school. If a person teaches something useful can be considered as a teacher.



Strangers may be our guides sometimes. Teaching method may be different like advice, warning, and objection but they teach us the lessons of life.

Religion

All religions emphasize the same concept of love. They say “Love your neighbours.” Religion preaches us the values like love others, respect elders, help the people without any expectation, fear of God, stand against evil things and others. At the time of religious festivals like Pongal, Christmas, Ramadan people love others, sharing food and clothes not only among themselves but also with the people who belong to other religions.

Celebrations and Entertainment

Celebrations make the people to assemble in a single place without any racial, religious differences. Every year people assemble at one place to celebrate New Year forgetting the difference in race, gender, and religion. People cannot find any difference in places like beach, park, and theatre. Sometimes people will gather against social evil without any partialities.

Principles of Social values

People are nervous of the principles of social values. All are creating certain principles for themselves. It will differ person to person. But few common principles are to apply anywhere. They can help people to measure and maximize their social values. They are:

Public awareness

Public awareness is the public's level of understanding about the importance and implications of people who belong to the society. It is explaining social issues and disseminating knowledge to people so that they can make their own decisions. People should be aware of social conditions. They should express their own likes and dislikes on the society. At the same time they should be ready to accept social response for their outputs.



Knowing social responsibilities

No ethics or principles can be finding without knowing responsibilities. Social responsibilities include both social awareness and self-management. It is the duty of people to do no harm to society. It is about people's dos and don'ts on the society. People cannot be separated from the society. People's every action will affect the society also. So people are responsible for their own action in the society. Ex. No smoking in Public places.

Involve the people who matter most

People should have proper contact with the person who matter most. Then only people can have close contact with the society. They will have more knowledge and understanding about the society than others. Involving with social activists also helps to gain social values. Delhi Chief Minister, Arvind Kejriwal's anti-corruption activism with Anna Hazare is the best example.

Understand what changes around us

People should be aware of what is happening around them. There are number of social disorders happening around the society. People should be able to differentiate the positive and negative changes. Not only understanding but also try to control negative outcomes is the duty of individual in the society.

Maintaining flexibility

Sometimes society may harm the people than people harm the society. One's loose, one's gain; one's pain, one's happiness is the common law of life. Social changes may affect individuals more. So people should be flexible, they should be ready to adapt everything even though it is uncomfortable.



Enhance communications, both internally and externally

Communication is an important thing to survive in this world. Not only human being even animals and birds are also communicating themselves through their languages. People cannot use same language and tone in all the places. Usage of language will differ while communicating with same age group and elders. So people should develop their communication skills both internally and externally. Proper communication leads to proper response. If people want to get good value among the society, they should enhance their communication both internally and externally.

Value social matters

There is a value behind every action. Values may be in different forms but no action without values. People should value all social matters. Based on their values they can take better decision. Some social matter may affect entire society, some may affect particulars. So people cannot give equal importance to all social matters. At this time they should evaluate social matters and choose better and apt one.

Be transparent

Being transparent is nothing but openness. In public life nothing should be hidden, everything should be transparent. People should speak from their heart not from the edge of the tongue. They have the rights to express their ideas or views about the society without harm.

Avoiding selfishness

Everybody is bound to be selfish from time to time. Although many elements of our society may encourage it, selfishness hurts other people, sometimes at little to no personal gain. A selfish person also ends up losing friends or loved ones because no matter how charming and



interesting a selfish person may be, a relationship with a selfish person is hard to maintain.

Avoiding selfishness is a better idea to enhance social values.

Benefits of Social values

Social values help to develop the people personally and impersonally. People who have fear of the society will not go out of social and moral ethics. In those days people constructed the society but nowadays society constructs the individuals. There are number of benefits in social values. The following are the some of the benefits which can be given by social values:

Self understanding

The root of all changes starts with self-understanding. If people don't understand themselves, their efforts will be lost. A person who knows himself can only understand the society. Social values help people to evaluate themselves. Through social response, people can understand their social status. Society sculpts human being in a better shape. Social values lead people to neglect certain characteristics which are neglected by the society.

Personality development

Every individual has his own characteristic way of behaving, responding to emotions, perceiving things and looking at the world. No two individuals are similar. Social environment takes an important role in individual development. All people cannot get equal respect among the society. When people come to know about their social values, they can be able to maintain or develop their personal skills.



Well-Being Enhancement

Humans have always been fighting, with all the means at their disposal, against disease, pain, unhappiness and fighting to increase their quality of life. Enhancement is generally understood as being intended to improve well-being. The motivation to enhance is the desire to change a person for the better. Social values enhance to change a person for the better.

Opportunities for Social Interaction

The opportunities for social interactions with the society are very important for the development of the people. Through the social interactions, people begin to establish a sense of 'self' and to learn what others expect of them. Most opportunities for social interactions among the people occur when they have proper relationship with society. This opportunities help to develop appropriate social skills.

Enhancement of Equality

Equality is about ensuring that every individual has an equal opportunity to make the most of their lives and talents. When people have a close contact with society, they can easily gain equality. If people have lot of social responsibilities, there will be no partiality. They will consider society as a society, not as different race, community and religion. Social value brings commonness among people.

Growth of Employment

Unemployment is a big issue in developing countries. Social values bring many equal opportunities to the people. Companies and institutions, following social ethics, can provide equal opportunities to all. People can apply for job anytime and anywhere, if they have necessary qualifications. Thus social values take an important role in the growth of employment.



Education Development

Increasing socio-economic and technological changes in recent years have brought along some social problems since values could not be transferred to new generations adequately in many societies. Most of the increasing social problems in society, at home and school are closely related to values. For instance, social violence and intolerance are problems related to those values. Teaching values is the most important item of social control mechanisms. As well as becoming an essential part of social integrity, teaching values is a realistic solution for any existing or potential problems both in social and global scale.

Aesthetic Improvement

Aestheticism is a principle of taste or style adopted by a particular person, group, or culture. People don't know that they are doing many things for others only like eating food, dressing and others. Many of their behaviours are only for the society, not for themselves. For example, people usually avoid black color in some auspicious occasions because of society's concept of black. Thus social value creates an impact on the aesthetic sense of the people.

Spiritual Connection

Every day people's senses are bombing with emotions which make hard to have a spiritual connection with people around. Emotions reside in people's souls. They connect in many ways to many people on a soul basis. But spiritual level goes beyond that. People have bonding with others beyond physical and mental. They are giving love and caring on the society from their soul. Spiritual connection inspires people in 'good' and 'bad' moments. When people have a spiritual connection with others, their emotions will be everlasting.



Preservation of Cultural Heritage

Cultural heritage doesn't consist of money or property, but of culture, values and traditions. Cultural heritage implies a shared bond of people who are belonging to a community. It represents people's history and identity; their bond to the past, the present and the future. Knowing their social values and responsibilities, people preserve their own cultural heritage and also remind the people who forget their culture.

Conclusion

According to Newton, 'Every action has an equal and opposite reaction.' There is a value behind every action. Based on the value, actions will be calculated. Valuable things will be welcomed in all the time. Some values can be measured, some can be felt. Values like love, honesty and others cannot be measured by money and others. So 'values' will travel with us throughout the entire life. Social values make us valuable personalities among the society.

Exercise

I. Answer the following questions in 150 words each.

1. Define family values and explain its importance.
2. Comment on the role of family values.
3. Explain the exquisiteness of love and affection.

II. Answer the following questions in 250 words each.

1. List out the guidance for raising and nurturing children.
2. Describe the factors influencing the development of social values.



3. Enumerate the principles and the benefits of social values.

UNIT - III

CULTURAL AND RELIGIOUS VALUES

What is culture?

The word culture derives from a French term, which in turn derives from the Latin *colere*, which stands for growing, cultivation and nurturing. Culture is rooted with ethnicity, objects, customs, and values. For example, Stars and Christmas trees can be considered as cultural objects. They represent a ceremony in cultures all over the world.

Culture is the totality of socially transmitted behavior patterns, arts, beliefs, institutions and other products of thought and work. These patterns and traits signify a particular community. Culture is the sum total of ideas, beliefs, knowledge and values that pass down from one generation to another in a society. Culture is a set of norms which is sincerely followed by so many people of a particular group that becomes ineradicable. It becomes the part and parcel of their lives. They live along with culture as their paramour. A life without culture can be considered as rootless.

Culture is present in the way a group thinks, and their behavioural patterns. Hofstede feels as though some features of culture are visible but their meaning is not so, “their cultural meaning ... lies precisely and only in the way these practices are interpreted by the insiders” (8). Gestures are a good example for this. They can cause a major faux pas. The usage of irrelevant gestures can lead to displeasure even if it bloomed out of lack of understanding and ignorance. A lot of issues can be cited in this case.



A Thumbs-up gesture is commonly known for displaying agreement or to mention a comment on the work that was done right. This is the meaning derived from Thumbs-up symbol in America, India and other countries too. But that is not the case with some countries from the Middle East, Australia. It stands for a typical hitchhiking gesture.

Another example that can be cited in culture confusion is the OK sign. In America, OK sign is used to convey that all is well. In countries like Russia and Brazil, it is not an appropriate sign. Likewise, choice of clothing can be identified differently by particular groups of people. Even the colour of clothing differs from culture to culture. In some cultures, white is the colour of peace whereas in other cultures it can be considered suitable for a gloomy incident such as death.

What is religion?

Religion is a collection of cultural systems, belief systems that combine human beings to spirituality and moral values. Paul Tillich says, “Religion is the state of being grasped by an ultimate concern, a concern which qualifies all other concerns as preliminary and which itself contains the answer to the question of the meaning of life”. It is very much true because once a person follows values associated with morality, culture and religion he is likely to succeed in his life in real.

All religions have mythological parts in the forms of real stories, customs, values that form the essence of life. These mythological puranas are taught to a child through the cultural system of grandparents. The values, beliefs and a strong adherence to the customs of a particular religion make the religion flourish in that particular family. These values are common among the



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Virudhunagar – 626 001.

followers of a particular religion. They follow the customs religiously without any discrepancies.

In this way a religion becomes an integral part of a person's life.

Every religion has an assembled and organized setup. The people following the particular religion are supposed to be bound to the rules and regulations initiated by the organiser of the religion. They have to strictly adhere to the values associated with the respectable name and fame of the religion.

Each and every religion incorporates sermons, invocations, sacrifices, celebrations, banquets, revels, new innovations, funeral proceedings, marriage procedures, mantras, music, art, dance, charity. Behind all the religious activities there is always a fulfilling meaning and behind every gesture proclaiming a concrete element of a particular religion there is a significant meaning. The values that people claim to be superstitious seem to have a powerful reason and logic behind them. The forefathers who created the values and the culture in which they lived in followed those customs with full heart. There is always an impetus that keeps everyone moving along with leading a religious and happy life.

Definition of Cultural and Religious Values

Values are core beliefs based on which a society and an individual operate. Each culture has its own values, traditions, and ideals. A person is bound to follow the values of the community they are reared. All cultural groups may have shared values. Yet ethical decisions often include judging values against each other and choosing which values to give importance. Confusions and conflicts can come up when people have different values. It may also pave way for a clash of importance and priorities.



Some values have natural worth like love, care, will and truth. Some values are considered moral declaratives for those who believe in them. Sacred values will hardly be compromised because they are identified with loyalty. For example, a nation's flag may be a holy thing for some people. But others may regard the flag as a piece of cloth. The qualities of values differ among individual people and across cultures and time. However values are generally regarded as a major force in moral decision-making.

Human created the culture and the religion for his safety but later human became the slave for his culture and his religion. Human beings invented the concept of culture and religion to live a peaceful life. It is the culture that created an environment suitable for living. Religion taught the moral ways to lead a perfect life. Both key concepts have been important for the improvement of the human society in every possible way.

In order to meet with issues at the time of adversity, cultural artefacts are used by the people. The behavior of an individual or a group of individuals is determined by the institutions that maintain peace and social order. There are a set of rules that govern people but they are different from what we call as values.

Cultural values are the core principles and ideals upon which an entire community exists. This is made up of several parts like customs, values, and culture. A culture's values are its ideas about what is good, fair, and just. A culture may contain conflicting values. For instance, the value of material success contradicts with the value of charity. The value of equality contradicts with the value of individualism. There is inconsistency between actions and their declared value, which is why it is important to distinguish between what people do and what they say. Real



culture refers to the values and norms that a society actually follows. Ideal culture stands for the values and norms that a society declares to believe.

The terms culture, values, and customs are used interchangeably. Each term can be considered a unique part of the larger image. A custom is a ritual that is an outward sign of the group's cultural values. The group's values always remain clear. Values have deeper meaning. Cultural values can be joined together by noting down the other customs that have been passed down for generations by the people. Culture is defined as all of a group's driving values and external signs and symbols taken together as one.

For example, the cultural value that the Hindu man believes to respect his ancestors and his Gods. One of the customs that acts as an external sign of this value is to not have cow meat as his food. All along with all of the other customs that his Hindu community follows, this also represents a larger picture of Hindu culture.

All human beings have created culture for survival needs. They survive upon culture rather than instinct to ensure survival of their kind. What seems peculiar to human kind is the ability to create culture. Cultural relativism makes sure that each culture possesses its own particular traditions, values, and ideals.

Cultural values are associated with religious values as well. Culture and religion are both essential terms that are supposed to work together. Religion has grown with the support of culture and vice versa. Both would not have existed without the help of the other.



Religious Values stands for the beliefs and practices observed by the followers of a religion. Most beliefs and customs have their origin from the sacred texts of the respective religions. They are propagated and strictly adhered by the ardent members of the religion.

The followers of a particular religion are considered to be the foremost embodiment of the religion's values. The people who lead the religious group tend to be strongly influenced by the values and beliefs of the religion that they abide by it. The followers regard their leaders to be the associates of God who teach them the way of leading a peaceful life.

Each religion has its own values. No religion opposes its peculiarity. For example, Christianity possesses a unique routine of going to church on every Sunday. Christians do not miss their Sunday service at any cost. Likewise in Islam, Muslims never fail to adhere to a strict fasting. Hinduism advices on the banning of beef for cows are regarded as holy beings. Since India is a secular country no religion and its values are to be curtailed.

Religion has the power to inspire people and draw their attention to a particular thing. Money is used in moral means by religious people who are God fearing. A person valuing the creation of God Almighty will definitely have a tendency to look out for the environment. Social issues that create chaos are kept in control because of the values of a religion.

Religions are belief systems that often come between humanity and spirituality. Religious values definitely have an influence on our self-identity. A person who is bound to his religion will not be able to deceive others. All the religions proclaim a common concept that no one has got the right to hurt any other fellow being. It is like violating the values and traditions of the particular religion.



Cultural structures in religion have been a significant role in human history. They are built in such a way that they have a strong influence over the way in which we look at the world around us. They also seem to be creating a feeling of possession.

Importance of Cultural Values

The Indian constitution proposes the importance of values under the Fundamental Duties. In Article 51 A, it is opined that it is an Indian citizen's duty to value and protect the tradition of our culture.

Cultural values are important because they bring out the ethics of what is right or wrong. Values cause preferences, and teach what is moral in life. Values engage in framing the character of a culture. Values assert what one should do but not how one should do it. Values provide guidelines about ideals, and behaviours. They stay as fixed standards for social life. All groups have their own values, norms, and customs. Values are rooted in the culture from which they come up, but they have not been framed as such.

Cultural values are formed through evolution, improvement of events of historical importance. Cultural patterns are created by people who in turn determine which point reaches their attention. They have the ability to regulate the shrewdness of people. A value system is evolved when a society and its people give prominence to a set of values.

It is the duty of the values to determine the importance of a particular thing. They lead the pathway for the concepts and attitude of the fellow beings of a culture. A culture is governed by the values that are imbibed in it. It is a structure of symbols and meanings that involves a present process and past experience that affects future, which then produces subsequent meaning.



Cultural values give organized patterns of the ways to lead a life and suggest rules for smooth conduct of a community.

The importance of cultural values for a society and the people living in it cannot be overstated. Cultural values are what shape society, and shape and influence the people who live within that society. It is the similarity of opinion and choice that makes them bound to each other. If a difference of opinion in practicing values arise then that gears up for the destruction of a particular culture itself. It can lead to problems such as culture clash, disagreements etc.

A culture that supports existence will focus on just living in this world. It means to look at the world from an understanding perception wherein values are adhered to live a peaceful life. There is no need to change the world to another point of view. But some are likely to change the values of the world accordingly in order to reach their goals. A culture that supports change will focus on alteration according to one's own need. These changes may include development, innovations, inventions etc that will take the particular culture to the next level.

When you belong to a culture that supports existence then you will not be showing any interest in causing alterations and you will try to live in the same world where values are totally common. You will also inherit the understanding quality of the world that you live in.

A culture that promotes humane orientation will tend to give an empathetic outlook upon other human beings. This kind of a culture will not permit violence and destruction of peace. It promotes harmony among cultures, and religions. Lending a helping hand to others is a natural factor of such a culture. Humane elements claim prominence over anything. A culture with such a quality will have a value that will teach the children to respect elder people and care for them in their old age.



A culture that has lower humane orientation is supposed to be self-reliant helping a person's problems and issues without seeking the help of the outsiders. For example, cultures with a low humane orientation will not depend upon the children. The parents will be self-supporting personalities. Both the parents and their children will be independent. A culture that cares for indulgence stresses on the importance of aesthetic pleasure. Hedonistic pleasure is what is enjoyed by the people following this culture. Leading a carefree life by doing what one's own heart says like, following up passions, is supported and considered a cult.

A culture that does not support the hedonistic way of seeking pleasure restricts one from looking out for luxury. One cannot indulge in having pleasure alone. A culture that stands for individualism acknowledges Independence and personal ambitions over the group as a whole. A culture that has collectivism relies on group harmony over personal passions and yearnings. People are supposed to view themselves through the eyes of the society as a whole.

No matter what culture a people are a part of, one thing is for certain, it will change. "Culture appears to have become key in our interconnected world, which is made up of so many ethnically diverse societies, but also riddled by conflicts associated with religion, ethnicity, ethical beliefs, and, essentially, the elements which make up culture," De Rossi said. But culture is no longer fixed, if it ever was. It is essentially fluid and constantly in motion. This makes it so that it is difficult to define any culture in only one way. While change is inevitable, the past should also be respected and preserved

Elements of Religious Values

India is a country where people of different religions live together. Among them Hindus, Muslims, Christians, Sikhs, Jains and Parsis are the majority. Hinduism talks about the way of



life more rather than proclaiming any faith. Islam and Christianity have well-developed institutions of civilizations of cultural systems.

Hindu religion in ancient times was based on activities on superstitions and inequalities. Caste played an important role in Hinduism. A leader was selected and he was claimed to be the leader of the panchayat. The caste system had many branches including sub-castes. Even in the administration side there was an influence of caste system.

Vedas are considered the backbone of Hinduism. They are the compilations of mantras that praise the vicinity of God. The four Vedas are Rig Veda, Yajur Veda, Sama Veda and Atharvana veda. Yajur is all about the rituals and traditions to be followed during the act of Yagas. Sama is the book of mantras to be recited for the priests. Adarvana is about the treatments for the illness of the people. It has the power to erase negativity. Dharma Sastras has a deep influence even in till date for the people following Hinduism. India was invaded by people from other religion but those invaders did not make interference in the cultural as well as religious values of Hindus. The British took off the panchayat system from the judiciary by enacting new laws. These laws brought reforms in the life of people.

Religion is an ideology which is adhered to because of one's own personal interest in the values. The role of religion is to guide men in the righteous path. Since ancient times, a government in the name of Monarchy was set up in order to administer the affairs of the people. King was the head of the state. Later political institutions came in to power to control the powers of the King. Then political parties were also established and they play a prime role in the public affairs nowadays.



Political parties were supposed to work for the welfare of the public. This institution became corrupted and they acquired selfish principles in the course of time. They began to bother the peace and harmony of the country itself. Political parties transform the religious groups to get votes.

The first element of religion is the belief that divine beings hold relation to the meaning of life. These divine personalities are known as God or gods. They are mythical figures from our past.

The second element of religion is to know and learn traditions based on mythological stories of prominent characters, incidents and values from the past. They are likely to announce morals and alarms for the future generation. In the case of few religions, time is not real and the prime purpose is to live. The concern is not on the past and future times. The elements that interpret past, exhibit future, living at present are fundamental to the evolution of political ideologies.

The third element of religion is rituals that create a new world according to religious principle. The word faith can be seen in association with belief in realities. Human beings have always known to feel, touch, smell and hear. Senses are transporting channels to the spirit. Rituals act as physical symbols of the material realm. Many religious rituals are practised in public places where anyone can note down the performances of a particular religion.

The fourth element is the want of believers to belong to a particular community in order to preach and practice sacred rituals. They also need to propagate the truth that was taught in the sacred mythological stories. Religious traditions are concerned with the requirement of strict attachment to rules. By doing so, the members will also continue to stick on to the religious



community. Whatever may be, if the members go on practising the religious values and beliefs then there is no need to bother about anything.

The elements of religion can be considered to be the core aspects of the human condition in the twenty-first century. Without these elements a religion cannot be established in its community for so long.

Factors Influencing Culture and Religion

An environment and the individuals following a particular culture or religion make them different from other cultures. People should adapt and change the social, biological and cultural forces to live with changes.

Features of culture include:

- religious practices
- traditions
- gender roles and occupation
- the language spoken at home

Science, novel advancements, urbanization, disputes, migration are the factors that can influence a culture or society. Social transformation comes from a lot of attitudes arising from in and out of a community. But growth is one thing that is capable of influencing the culture of the most marginalized people. This has been possible through platforms like radio, television, mobile phones and the Internet. The children belonging to this new era are keen on taking the traditions up in their hands and passing them on. They fail to preserve what is considered to be a gem and they are addicted to the web of Internet. The society is in a situation where it is actually



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threatened by a decline of faith in the traditions. It is a big question as to ponder upon if the forthcoming generations will take up traditions and preserve them.

People who dedicate themselves with distinct cultural and religious groups are able to move forward towards the three important stages like creating awareness, gaining knowledge, and maintaining cultural skills. In well grown societies a stronger sense of cultural detection has been developed. The norm of a particular culture creates an ethical attitude towards life in order to achieve a feeling of togetherness.

Family is one of the main factors that affect the religious development. Family is an institution which involves a framework of relationships. These relationships depend on each other. Each member is a pillar of the structure family. For instance, a father is the head who inspires the family by leading the family in the good and bad times. He takes care of his family. He teaches his habits and routines to his children. A child inherits the qualities of a father's and mother's gene from birth but it also inherits all the values adhered to by the members of the family. The cultural and religious values followed by the family are looked upon by the child and it also gets the same idea.

Sense of religion and religious feelings are two other factors that affect religion. Belief is the foundation of a religion. When a person fails to believe the value of a particular religion then there is no purpose of claim of belonging. The religious emotions are the origin from which curiosity, passions and search emerge and then lead to the main component called faith. Additionally, religion is always at the derivation of spiritual occurrences. Mixed emotions affect the religious life. People seek the help of religion so as to maintain their emotional balance. They depend on religion and its ideology in times of trauma or decision makings.



When it comes to having complete faith in a religion, so many terms are associated with it.

The devotee shall have a different perspective towards life. He might feel like some divine power is leading him towards light amidst darkness. He will not have any fear about evil forces and the dark nature of human society. He will be a hopeful person who has an attitude of gratitude within himself. He shall be completely devoted to his lord and his life routine will be set according to his dedication towards God. Feelings of eternity will be evident in each and every action of a religious man. Growth and improvements also occur in a person's life in the same time to the development of these feelings.

The gradual growth of belief is sculptured at first by parents and family members. Next it is kindled by the school in which he studies. It is also based on his friendship circle. Slowly after he reaches particular age, and being able to value everything from his own perception and own experiences. With regard to this, religious education is an essential one. It should be provided to a person who is well aware of growth, abilities, capabilities, disadvantages, and other psychosocial factors.

Attitudes, actions, beliefs spring up from culture and they are in a fixed pattern passed on from one generation to another. Culture and the environment play a vital role in shaping a child's religious ideology. It also supports in various growth factors. It is the main reason for the kindling of the spiritual awakening. There are a lot of evidences to cite that influence of family and relatives contribute to the creation of religious attitude. When the child turns out to be a social individual, it will need a role to imitate. These skills and abilities also determine how the child will behave in the society.



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For personal wellbeing, it is important to maintain balance and stability in life. Life without meaning is useless. There should be a purpose in everything that happens in this world. The existence of each and every being matters the most and it counts in the creation of God with a definite reason. But many meanings may create disruptions in the mental space. There won't be any clarity so as to give priority. It creates tension thereby leading to utter failure. This failure will lead a person to fail himself under the name of depression. When life becomes too much complicated, people tend to leave life itself and develop a want to go in search of their own identity. They lose the sense of belonging and togetherness and move to reach some higher level of awakening.

Materialism and individualism are the major factors that have affect the cultural and religious values. Both these factors work together by luring people to crave for money, assets, name and fame. The advent of materialism has proved itself to be a villain which shuns down the expression of cultural or religious values. When there is place for monetary needs then the values make way for a decline. At the beginning, individualism was focussed in helping people to move themselves away from the restrictions of the society. It promoted the free spiritedness of an individual and supported to follow one's own passion. But now it has become a very dangerous weapon that attempts to cut off anything that come is their way to pursue individualism. It is disturbing to know the fact that the past beliefs, faiths, customs, traditions are side-lined for prioritizing material needs.

Impact of Cultural and Religious Values

A cultural value is a core belief, which acts as a general rule. It is a fixed one meant to guide the thoughts of people, ideas, and attitudes. There are a number of cultures like family,



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national, religious, corporate, educational etc. All the cultures have an impact on every individual because everyone is supposed to have a look at the world by having a cultural glass. Cultures have the tendency to have prominence over another culture.

Influence of cultural and religious values:

- attitude
- language
- style
- opinions
- dedication
- problem solving
- building healthy relationships

All of the above mentioned points are controlled by values. Values are absorbed without intention. Values are varied in nature from country to country, from state to state. People normally have an attitude to make judgements upon others' lifestyles, opinions based on their personal values. This attitude is not good and it may lead to disputes and misinterpretations. Different behaviour is formed out of different cultures so as citizens of India it is the duty of everyone to acknowledge this difference.

Concerning our values, most likely our individual values don't change in a group. It is very likely that we adapt our behaviours to fit in with the group. This does not always happen, but it does occur more often than you probably think. You can still stay authentic to yourself, at the same time as you try to understand the other and flex your behaviour to create a win-win situation for both of you. This is behaving in a "culturally intelligent" way.



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When an individual works in a group where people are from different cultures then one should accept the other for their values and beliefs too. It is difficult to fit inside such a group unless he/she has got a flexible attitude. It is an understanding of each other's' culture and religion that is more important than anything. There should be a common understanding so as to not to harm the values and faith of another. One should try to look at the positives of the values of a particular culture or religion.

Morality is an important dimension of religious belief and practice. Values give a pattern for choosing what is right and wrong. It helps in analyzing relationships and meanings. Virtues are linked with stable personal relationships. Vices are defined along with the emergence of individual desires, or subjugating to human flaws.

Cultures have the ability of making bigger the spiritual content of religion. Religion can act as origins of supporting systems and elucidation of life. It also provides guidelines to lead a happy life. Due to the advent of corporate who associate with corruption and politics, religion is pushed to a situation where it no longer serves its goal.

Religion has the innermost intention to help humanity with its spiritual qualities. But people have been alleging religion as far from scientific. People believe science and trust it blindly not knowing the fact that all the religious values are in one way or the other based on a strong reason and logic. For example, to bath every day is a good value which stands for a scientific fact of keeping the body clean. Another example is that tradition advices everyone to go to temples. It is for a specific reason that the negative energy within a human soul can be erased with a place like temple that has positive energy.



If religion does not play a vital role in a society, the responsibility to maintain peace and order falls in the hands of some other institution. Punishments have to be implemented. Providing punishments will be not be as successful as an ethical or moral thought springing up from the heart of a man. It is only through a spiritual awakening and inculcating the cultural and spiritual values, peace can be restored. Without cultural and religious values, the society and the state will be like orphans who do not have anyone to guide.

If a culture moves away from spiritual needs into materialism, it is important to note that everyone is a soul not a machine. Materialism and individualism do have influence on the cultural and religious aspects. Material needs make a person side with mental conflicts. It is the culture and religion that binds everything together.

In simple words, religion is a faith. It is a set of practices that expresses an idea that man can be protected. Religion can be considered as a whole system of practices followed by a society that struggles with issues of human life. The attitude of possessing religious values gives a few meanings like, a belief that negativity, pain, and injustice are basic facts of living. Proper attendance at religious proceedings can be linked to a happy family life, stable marriages, and disciplined children. Religious values teach values that will prevent domestic abuses, brutal crimes, and obsession. Many people follow a particular religion for the benefit of their souls, body and mind.



Conclusion

Religion and culture are binding forces that make society a clean and serene. They are imbibed into the lives of everyone. They help everything to stay in place. Without these two embodiments, there is no such thing called a nation or state. There will be no place for regularity, truth, honesty, and other good values. There is no life without religion and culture. A cultureless society cannot last long. For a society to stay strong, the importance of religious and cultural values is very much needed. The absence of religious and cultural values will therefore have a great impact upon each and everything in this world. The situation can be compared to a boat that has lost its route, and is left on its own to meet its end. Therefore, cultural and religious values are as supreme as essential elements such as air and water that are needed for a happy living.

Exercise

I. Answer the following questions in 150 words each.

1. Define culture and religion.
2. Write down various definitions of cultural and religious values.
3. What are elements of religious values? Explain.

II. Answer the following questions in 250 words each.

1. Write down the importance of cultural values.
2. Enumerate the factors influencing culture and religion.
3. Comment on the impact of cultural and religious values on individual and society.



UNIT - IV

Professional Values

Meaning

Professional Values are the guiding beliefs and principles that influence one's work behaviour or profession. Professional values are usually an extension of one's personal values or core values. It is characteristic of professional values that they define norms that govern the professional's responsibility to colleagues and the public as a whole.

Professional Values are the guiding principles that are to be followed by or expected to be followed by the people in that profession. Similarly, they are to be applied by the people of a particular profession if they can be based on the duties that they have to follow, their skills and specific knowledge.

Professional values guide people working in a particular profession and tells them what they supposed to do and what they are not supposed to do while working there. Every profession has its particular rules and regulations. A person when choosing a job must know that specific profession and its values to be followed.

Need of Values in Profession

Professional values are established by professional organizations to help to guide members in preferring their job functions according to sound and consistent ethical principles. The underlying philosophy of having professional values is to make the persons performing in such jobs to follow the sound, uniform ethical conduct.

Professional values are considered as the guideline and motivation of professional behaviour. They are needed in three levels: Personal level, Business level and Public level.

i) Personal Level



Professional values guide one to behave in an ethical manner which can have a positive impact on our personal growth and also can improve the quality of life for our surrounding community. They also reinforce individual's professional identity and performance.

ii) Business Level

Professional values can provide a positive image for an organization. By providing the standards of appropriate behaviour, they also help build friendly and respectful work as misunderstandings among employs can be reduced.

iii) Public Level

Professional values build confidence in the professions' trustworthiness by providing a common understanding of acceptable practice. They also provide greater transparency to clients and members of the society when the codes of conduct are disclosed publicly.

Professional values are essential because it helps to portray a professional image through reliability, consistency and honesty. They allow us to know the basic needs and beliefs to succeed in a specific profession. They are essential to deliver work outcomes to an acceptable and agreed-on quality and standard.

Important Professional Values to be developed

Professional values are the core values that one can adopt and demonstrate in the workplace. Professional values encompass the traits that include skills, behaviors and actions that many employers look for and desire in an employee. There are several professional values that are highly important to showcase on the job.

The traits, an employee demonstrate in the workplace, can affect how others view him and interact with him. When an employee has positive and strong professional values, he is showing his colleagues and employers that he possesses self-worth, confidence and a desire to succeed. Additionally, his professional values can be highly important in demonstrating his ability to take on more challenging and important assignments, which can lead to his career advancement in the future.



Professional values are the traits that showcase an employee's overall work ethics and ability to meet objectives and be successful in his career. Here are several important professional values that can be followed by an employee:

Strong Work Ethic

Work ethic is a value that most employers look for right away in an employee. An employee's ability to work hard, overcome challenges and offer support to his colleagues demonstrates a strong work ethic and can help him to be successful while building positive relationships, too. Having a strong work ethic means understanding what's expected of an employee and staying motivated to achieve his goals.

Responsibility

Being responsible not only means following through on commitments one has made, but it also means offering one's support or help when it's needed. Demonstrating the responsible nature by meeting objectives, completing tasks that an employee takes on and ensuring that he is performing in his job to the best of his abilities show his responsible nature. These responsible traits will show the employers that the employee is committed to achieve goals and contribute to the growth of his company.

Integrity

Having integrity means being trustworthy and committed to carrying out the duties that an employee is responsible for. Integrity is an important trait that can help an employee build positive and supportive relationships at work. It also means that he is dependable and honest in his interactions, communications and relationships with others.

Honesty

Honesty is an aspect of integrity, and both of these traits can help an employee form a strong foundation of professional values. When an employee remains honest and open in his communication with his colleagues and supervisors, they will be more likely to refer to him when they have questions, need extra help or need some input on important tasks. Remaining



honest in one's work will demonstrate one's trustworthiness which is highly important for building strong relationships at work.

Reliability

Being reliable means one is punctual, on track with his work objectives and always follows through on his commitments. Demonstrating an employee's dependability can also lead to more advanced or challenging projects that can help him advance in his career, as his supervisors will be more likely to trust him with important tasks because they know he will follow through on his work commitments.

Adaptability

The ability to adapt to different situations and navigate interactions with diverse individuals is extremely important in the workplace. No matter what field one works in, challenges or problems can arise. In challenging situations, the employee's adaptability will demonstrate his ability to change his approach to how he overcomes problems.

Accountability

Being accountable in the workplace means taking responsibility for one's actions and conduct in the workplace. When an employee is accountable for his actions and conduct in the workplace, he demonstrates more than one core value. An employee will demonstrate his honesty, adaptability, responsibility and a positive attitude, especially when he seeks feedback and input that helps him improve.

Self motivation

Self-motivation is extremely important to have as a core value. Keeping oneself motivated at work will help him stay satisfied with his job, stay passionate about his work and find meaning in his daily activities. This self-motivation is also a highly desired trait that many employers look for in their employees, as it demonstrates a strong desire to achieve personal and company-wide success.



Confidence

Confidence in the workplace is something an employee can develop the more he performs challenging tasks, solve problems and apply feedback for improvement. Focusing on one's professional development and improving his skills show that he is confident in his ability to grow and succeed in his career. He can build his confidence by taking on challenges that are outside his comfort zone—like leading a team meeting or giving a presentation.

Loyalty

Employers often look for employees who will remain loyal to their teams and company as a whole. This means that the employee performs his job for the benefit of his team, supervisors and employers and that he remains committed to supporting his organization's growth and development. When an employee demonstrates his loyalty, he is showing his employers that he cares about how the company achieves success and that his work is important to him.

Compassion

Compassionate employees are supportive of each other, offer help when it's necessary and generally find ways to let others know they care. Having compassion can also lead to deeper understanding of others' feelings and is beneficial for building meaningful relationships. Remaining compassionate in the workplace is also extremely important for resolving conflict, giving and receiving constructive feedback and solving problems.

Empathy

Understanding others' points of view, ideas and feelings is what it means to have empathy. Empathy can help an employee relates to others and find common interests and traits with his coworkers. Being empathetic will help the employee build relationships and friendships in the office that can be fulfilling and supportive. Having empathy in the workplace will also help him adapt to different interactions with others, which can make it easier to relate to others' thoughts and emotions.



Patience

Patience will help an employee overcome challenges, find appropriate solutions to problems and ultimately help him cope with any stress he may experience on the job. Being patient will help the employee understand others' perspectives and complete his work accurately and completely.

Positivity

Staying positive even when challenges or problems arise at work is another important professional value to demonstrate. Being open-minded and having a positive attitude often lead to more satisfaction at work and can also boost one's self-motivation. Employers also tend to look for employees who have positive attitudes, as a positive mindset often leads to a strong work ethic and desire to succeed and help others succeed.

Flexibility

The employee's flexibility in the workplace will demonstrate his ability to remain open-minded and willing to take on challenges and help others. Being flexible at work means the employer can rely on the employee to handle last-minute work assignments, provide additional support to a colleague or even add to an existing project that is outside the employee's normal job responsibilities.

How to Develop Professional Values

It is important to develop one's professional values prior to the entry into the workforce. The standards for values may differ depending on many factors including one's culture, religion, and family. Various approaches to professional values have been adopted across disciplines. Active learning and problem-based approach such as case studies, role-playing, group discussions are also common strategies of teaching professional values in various fields.

A temporary professional world can be created within the school to provide the students with the first-hand experience on how important ethics are in a professional society. The following activities will help the students to imbibe professional values:



- Provide realistic scenarios as contexts to a particular ethical issue and ask the students to come up with solutions that rectify the problem. For example, give a context where it states that a significant accident happened due to the negligence of a particular professional establishment or industry. Focus on how ethical issues played a huge part in that and ask students to point out the problems and come up with alternate solutions that could have avoided the accident.
- Imbibe a heightened sense of responsibility among the individuals and teach them the importance of adhering to ethics. For example, teach the students on the importance of adhering to laboratory rules and what each law implies when it comes to safety guidelines and standards that a particular lab is operated on. Make the students figure out the reason given for guidance.
- Ask the students to study reports of disasters and accidents that had a profound effect on the common mass. Bring their attention to the professional, ethical issues that might have led to that accident or disaster. However, it is advised not to focus solely on case studies as students might become skeptical about how a professional works. Focus on the brighter side as well, where something good came out of adhering to professional ethics.

Outcome of Professional Values

A professional code of ethics provides individuals with a set of guidelines to make good decisions in the workplace. Taking the effort to develop moral standards can foster harmony within an organisation and elevate one's reputation among clients and customers.

Professional values differ across all professions. Different professions and businesses have their own code of conduct which people are expected to follow. Many firms have adopted professional ethics because it's an important tool that establishes rules for behaviour. When structured clearly, it sends out a coherent message to employees about expectations in the workplace. A code of professional ethics acts as a warning, informing people about the consequences if they break any guidelines. A moral statement is also valuable to a company's reputation in society because it's a public declaration of its principles.



Professional Values are essential in our life because it is one of the ways of living. A profession without values will look bizarre. Without rules and regulations a profession will be disoriented and poorly organized. Every profession has its way of organizing and avoiding any use of unfair means and hence standard ethics is a need in every profession.

Exercise

I. Answer the following questions in 150 words each.

1. Write an essay on need of values in profession.
2. Enumerate five important professional values to be developed.
3. Comment on the outcome of professional values.

II. Answer the following questions in 250 words each.

1. What is professional value? Why is it necessary to have professional values?
2. Elaborate the important professional values.
3. How can one develop professional values?

UNIT-V



Strategies to Inculcate Values through Education

Introduction:

The prime concern of education is to **evolve the good, the true and the divine** in man so as to establish a moral life in the world. It should essentially make a man pious, perfect and truthful. The welfare of humanity lies neither in scientific or technological advancements nor in acquisition of material comforts, rather in enriching the character of human beings. Education is an effective and pervasive phenomenon for all round individual development and social transformation. This alone can sustain culture and civilization. A balanced development of mind and body in harmony with the spirit is the key to the enrichment of human personality and an outcome of value-based education, which helps humanity to transcend to a higher level of consciousness. Our children must from their infancy be taught the dignity of labour. Thus, the true meaning of education is harmonious development of head, heart and hand i.e., enlightenment of mind, compassion and dignity of labour. Moral and spiritual training is an essential part of education. If education is to help us to meet the moral challenge of the age and play its part in the life of the community, it should be liberating and life giving. It must give a basic meaning to one's existence and equip us with the ability to overcome spiritual inertia and foster spiritual sensitivity. Educational institutions should produce men and women who will move together to develop common ideals and purposes, love each other and co-exist to create an ideal society.

What we need today more than anything else is moral leadership founded on courage, intellectual integrity and a sense of values. Since education is a powerful instrument of social change and human progress, it is also a powerful tool to cultivate values in an individual. Therefore all the educational institutions have greater responsibility to impart learning and cultivation of values through education. For inculcating values many educationists have suggested different ideas such as

- Provision of value based curriculum
- Designing special orientation program for teachers
- Value based foundation courses
- Necessity to develop code of conduct for teachers and students



- Inculcation of philosophical view towards life among teachers and students.

Through the inculcation of values in education, the education system likes to develop the social, moral, aesthetic and the spiritual sides of the students. The social values have been diminishing over the past few decades. Therefore it is necessary to develop the holistic citizenship through education with inculcation of values.

Value based Education is an approach to teaching that works with values. It creates a strong learning environment that enhances academic achievement and develops students' social and relationship skills that last throughout their lives. The positive learning environment is achieved through the positive values exhibited by the teachers and followed by the students. It quickly liberates both teachers and students from the stress of confrontational relationships, which frees up substantial teaching and learning time. It also provides social capacity to students, equipping them with social and relationship skills, intelligences and attitudes to succeed both in their academics and throughout their lives. The focus on ethical and emotional intelligence, deepened relationships, social cohesion and a strong values-culture gives students the best chance of academic success. Value based Education inspires children, young people and adults to adopt positive human values. It transforms the educational institutions into exceptional environments for teaching and learning.

Development of Values through Education

To make the value aspect of our education programmes more prominent, the following aspects may be incorporated in the educational programmes:

- i) Developing self-respect, awareness of self-growth, one's uniqueness, self-confidence
- ii) Promoting selflessness, cooperative spirit
- iii) Cultivating respect for property, one's own and that of other
- iv) Understanding the contribution of home towards the physical, emotional, cultural and spiritual development of young people
- v) Imparting clear direction on cleanliness, punctuality, use of refined language, courtesy, proper manner, respect for elders
- vi) Knowing of surroundings –visiting slums, villages, hospitals, orphanages, old people's homes
- vii) Becoming aware of the need of the others



- viii) Promoting civic sense, awareness of oneself as a member of a community, civic duties
- ix) Awareness of one's strength and weakness, and also those of others
- x) Love of friends, classmates, and the not so fortunate
- xi) Seeking to realize one's potentialities and talents, disciplined learning in academics, sports, cultivating the scientific temper.
- xii) Independent thinking, not blindly following others
- xiii) Exposure to great personalities
- xiv) Knowledge of the Constitution, rights, and duties
- xv) Knowing the provision to promote human dignity and justice, patriotism, national integrity, international understanding
- xvi) Protection of environment
- xvii) Dissemination of cultural heritage
- xviii) Modifying human behavior through values
- xix) Knowing one's village/city, state, country
- xx) Promotion of equality and justice for all the citizens
- xxi) Prayer of various religions
- xxii) Awareness of good point in other religions
- xxiii) Appreciating the useful views of others and their cultural traditions
- xxiv) Propagation of value philosophy

Values through Curriculum

Educational institution is the basic stage in the process of socialisation and value education takes place at school level itself as the child is exposed to friends, teachers, syllabus and various extra-curricular activities. Further, values cannot be taught like abstract subjects like history, science or mathematics. However, they can be inculcated only through situations deliberately planned while teaching the subjects. The task of the teacher is to contribute towards this process of fostering genuine values. Teachers often face the temptation to limit themselves to imparting information rather than preparing their pupils for life.



The pressures of academic requirements often stifle the efforts of educators who struggle hard to fire their students with enthusiasm for higher ideals. Hence teachers are in this challenging process of transmitting values through curriculum. Every subject can be a means of building good character and values.

Some examples are given below:

a) Language: In language, through conversation and discussion, the teacher can enable students to embody higher and noble ideas.

b) Social Sciences: Through social science in general, we can develop values like secularism, socialism, hard work, democracy etc. National Movement can be taught in such a way that it leads to inculcate the values of patriotism, secularism, universal love, tolerance etc. Similarly, World History can help to inculcate values such as 'Liberty, Equality and Fraternity', the concept behind French Revolution and the 'Fundamental Rights and equality' which forms the basis of American Revolution.

c) Geography: Through geography we can develop values of conservation, preservation, adventure etc. Geography and environment can help to inculcate values of respect for other's culture, and develop the notion that the world is one family.

d) Civics: Through civics we can develop values of cooperation, sense of mutual welfare, obedience of law, concern for environment etc. Civics can help to inculcate values of respect to constitution, respect for democracy, secularism, integrity and unity of the country, social, political and economic justice etc. The education about constitution, particularly preamble, and the fundamental rights and duties, gives out what values should be fostered through education.

e) Economics: Through economics a teacher can lay emphasis on the value of thrift and saving, which leads to the prosperity of a person.

f) Science: Science can help to inculcate values of scientific temper and appreciation towards laws of nature. Everything in nature has a lesson to teach. For example, we can say while blowing up a balloon, if person blows too much air into it, it will burst. Similarly if we are too greedy and acquire more material wealth sooner or later, we will have problems.



g. Mathematics: In mathematics there is a wide scope of imparting values like neatness, accuracy, proper planning etc. Further, Mathematics can help in inculcating the values of honesty and integrity.

Teachings from the biographies of the great and noble leaders also inculcate the inspiring values among the students and people at large. For example, Mahatma Gandhi's insistence on truth, non-violence and 'satyagraha' teaches the basic human values. The task for the implementation of values into existing curricular is to assist teachers in making explicit values into their daily classroom programmes. A plan of action is required which links the rhetoric to existing practice. Thus we can say that education and values go hand in hand and values are inherent in every module of learning.

Value-Inculcation through Co-Curricular Activities:

Value must be experienced in social interaction and reinforced by curriculum content and process. Students need an opportunity to explore the relationship between personal meaning and the shared values of society and this can be well done through different approaches inclusive of few narrative approaches using story-telling, story- writing, debate, discussion, role-playing, etc. Even co-curricular activities can serve as a sound base for the inculcation of values among students. They help in **enhancing learning process** of students and so must be made mandatory for every student to participate. Co-curricular activities are designed and balanced with academic curriculum so that every student gets to **learn beyond subjects**. They are meant to bring **social skills**, intellectual skills, **moral values**, personality progress and **character appeal** in students. It includes **athletics**, **cultural events**, library activities, science lab activities, **classroom activities**, **creative arts** and meditation etc.



Role and Importance of Co-Curricular Activities

- Proper Education – Since co-curricular activities are merged with academics, therefore, it ensures that students get to learn effectively. Science or Computer Lab practical, experiments and projects are part of co-curricular activities.
- Cultural Values - Students get to learn by cultural events including national events and traditional events from different faiths including Gandhi Jayanti, Independence Day, Republic Day, as well as Diwali, Eid, Onam, and many other cultural events.
- Students get to learn about these events through books as well as co-curricular activities based on different cultures organised by institutions.
- Personality Development – Students perform co-curricular activities which help them sharpen their communication skills, expression skills, public speaking, participation and sense of belongingness through different activities like debates, recitation. art and craft, creative art competitions, classroom activities like reading, group discussions etc.
- Physical and Mental Health – Co-curricular activities require students to stay active by participation, since students have no option to skip these activities as it is a part of their curriculum. Students have to be a part of co-curricular activities like athletics, gymnastics, yoga, indoor games, and meditation etc. These activities are beneficial for students' physical fitness as well as mental health and they are relieved from academic stress.
- Learning Experience – Co-curricular activities are good for improving students' learning experience which improves their attendance and increases participation rate.
- Team Leadership Skills – Co-curricular activities are designed in groups so that students can participate along with their classmates. This helps students develop leadership skills, team integrity and coordination skills.
- Moral Values – The students, through co-curricular activities, learn essential ethical values about different cultures, religions, events of national and international importance as well as discipline. They learn to understand different religions, values, social ethics, patience, empathy, motivational skills, compatibility and contentment.

Before going into details regarding various co-curricular activities, it must be noted that the co-curricular activities must focus on value-inculcation rather than on winning prizes. The following activities should be taken into consideration by the educational institutions while incorporating co-curricular activities along with the curriculum:



1. Visit and observe nearby planetarium.
2. Take pupils to nearby forests and make them observe different types of trees and animals.
3. Make a visit to the fields producing different food crops.
4. Arrange seminars, debates and workshops.
5. Special assembly with prayer and meditation.
6. Storytelling and book reviews
7. Celebrating national festivals of different religions
8. Annual excursions.
9. Competition in sports and games.
10. Cultural programmes
11. Silence.

Values to be imbibed by the students through these activities are:

1. Quest for knowledge, spirit of enquiry, scientific temper.
2. Love towards nature, responsibility and protection of environment.
3. Food value.
4. Participation, developing communication skills, etc.
5. Cooperation, time consciousness, good manners, obedience, regularity and sincerity, devotion to God, self-discipline, self- realization and control of senses.



6. Anti-unsociability, equality, faithfulness, gentle manners, justice, kindness, nonviolence, and responsibility.
7. Unity in diversity, national consciousness.
8. Sharing of ideas, cordiality, love towards nature and creativity.
9. Sportsmanship, team spirit and tolerance.
10. Cultural and moral values
11. Control of speech.

VALUES THROUGH LITERATURE

Literature is the speculum of society. It cultivates the abilities of Human society to have a set of core ethics and values to live. Literature has *ethical value* if reading it gives occasion to think about ethical questions. If a story dramatizes conflicts and dilemmas, it is not necessarily teaching us how to live, but it encourages us to contemplate the codes that the characters live by. If a poem has a speaker who promotes a particular world view or seems conflicted about the world he lives in, the reader can try to look through the eyes of that speaker and see what he or she sees. We may not agree with a speaker's or character's morality, but seeing that morality in action can shed light on what it means or how it changes the world. If we reflect on a moral code, instead of simply rejecting it or embracing it, then we are thinking ethically, and literature that promotes such thinking is ethically valuable. Here are some important ethical questions: What is the good life? What is the excellent life? Where do the definitions of good and excellent come from? Why do different definitions come into conflict? On what basis do they conflict? To measure the ethical value of a work of literature, we need to ask the following questions:

- Do the characters make choices in the work? What are those choices?
- Do the characters or speakers defend particular beliefs or points of view? What are they?
- What motivates those choices or beliefs or points of view in the work?
- Where does the confidence in that motivation come from in the work?
- Is there a crisis in that confidence in the work? Why?



- To what place do those choices or beliefs or points of view lead in the work?

INCULCATING VALUES THROUGH POETRY

Poetry is one of the powerful instructional tool and an important art to study at any age and most universal vehicle of human expression. It is a worthy expression of emotion or deep feelings and aesthetics or a sense of what is beautiful about the world. Poetry helps to understand universal truths as well as cultural differences.

Throughout the history, poetry has been made to address subject matters, including social issues, war, love, and the beauty of nature and the love of God. Poetry is meant to invoke experiences; it emphasizes the role of the senses, calling to mind memories and feelings and an excellent tool for encouraging students' creativity and for exposing the aesthetic boundaries of language. Poetry encourages students to develop empathy and understanding to view the complexities of the world in new ways. Poetry should have a central place in all of our lives, not only for the aesthetic pleasure it affords, but also for its competency to awaken our senses, connect us with ourselves and others, to lead our life in synthesizing way.

INCULCATING VALUES THROUGH PROSE

The students learn values effortlessly and in casual manner when they are taught through prose. Students know the value of being responsible, developing tranquility of mind, helping each other when they are taught through a certain prose and which help them to become confident to express their thoughts, feelings and emotions. A good prose can be a vital aid to language development and competence; conflict resolution; cultural assimilation, emotional development and stability, development of positive and good-oriented attitudes to life. The use of prose has, doubtless, made learning more engaging in inculcation of values.

Development of Value-Consciousness through Story:

The teacher may either tell the story or may ask the students to develop the story by giving them certain points. Through interacting with story, students are given the opportunity to reason about the cause and effect of actions, and to consider moral choices. Examining values through story allows students to explore issues, which may be problematic or contemptuous, without necessarily taking emotional burdens on themselves. Story provides a distancing effect



while still allowing the issues to be confronted. Students may use the world of story as a mirror for their own life experiences. Students may be asked to relate issues to their own life experience and speculate as to how they might handle or have handled in a different manner.

Although a story implies the author's intentions, interpretation is an individual experience. Students need to be encouraged to identify their own experiences with others in order to make more informal personal decisions. Through interaction with story, students can consider characters' actions, perspectives and motives and make judgements about them.

They may then relate the story to experiences in their own lives so that they can begin to understand the influences on the decisions they make. Approach through story for the inculcation of values paves the way for thinking skills because the story stimulates students to discuss issues at a deep level.

Sample questions may include:

- a. What is the purpose of the story? Theme, moral, perspective, etc.
- b. What choices did the characters have?
- c. What situations helped/hindered the characters in their choices?
- d. What circumstances were beyond the control of the characters?
- e. List the range of consequences for the various choices available to the characters.
- f. Make judgements about these actions and consequences.
- g. Think of a similar situation that you know about or have been in ___ and
 1. What did you do?
 2. Would you do the same thing again?
 3. Why? /Why not?



4. Did your decision benefit you?
5. Did your decision affect any one else? How?
6. What stops/helps you to make decisions which benefit others/ yourself?
7. Do you need any external stimulus (reward or punishment) to help you make decisions?

When the interaction takes place through stories, it provides the ability to see if they would be in such a situation what might be their actions and compare the story with their own experience as to how to handle things with being morally correct.

The study of literature in the form of short stories and novels forces students to find moral lessons everywhere. Students learn to monitor their behaviours by reading stories and fables having a moral behind them. Every fable with a moral leaves a deep impression in their minds and imbibes such values in their day to day living. The moral to a story is a universal aspect of the majority of fictional literature that it not only entertains, but also serves the purpose of instruction, information, and improvement of the audiences. The chorus in the classical drama, for example, commented upon the proceedings and drew out a message for the audience. The novels of Charles Dickens, on the other hand, address the drawbacks of the social and economic system of Victorian Britain, carrying morals of their own type, which are implicit. In children's literature, morals are exclusively introduced by the phrase, 'The moral of the story is ...' Modern story telling does not employ these explicit techniques, but uses irony and other devices to convey it.

Examples of Moral in Literature

Almost all literary writings have some morals to be conveyed to readers. Literary works, which are aimed at children, are replete with moral lessons. They provide children with positive lessons and guidelines for the future. Maxims like "Be friends with whom you don't like," "Don't judge people by the way they look," and "Slow and steady wins the race" are normally the lessons found behind many stories. The most prolific source of moral lessons in literature is *Aesop's Fables*.



Example #1: The Fox and the Grapes (By Aesop)

“Again and again he tried after the tempting morsel, but at last had to give it up, and walked away with his nose in the air, saying: ‘I am sure they are sour.’”

These are the closing lines from Aesop’s “The Fox and the Grapes”. It is through this last statement that the fox expresses its dislike of grapes, which it had tried again and again to grasp. This particular story by Aesop discusses a general habit of the people who cannot admit their defeat. Instead, they pass on the blame to someone or something else. The same is the case with the fox in this story, who fails after several attempts. Here are some of the teachings that lie within these popular tales:

- Appearances can be deceiving - *The Wolf in Sheep's Clothing*
- Misfortune tests the sincerity of friends - *The Bear and the Two Travelers*
- No one should be blamed for his infirmities - *The Old Hound*
- Pride goes before destruction - *The Fighting Cocks and the Eagle*
- There is no believing a liar, even when he speaks the truth - *The Shepherd's Boy and the Wolf*
- Those who assume a character which does not belong to them, only make themselves ridiculous - *The Crow and the Raven*

Example #2: Dr. Faustus (By Christopher Marlow)

“My God, my God, look not so fierce on me!

Adders and serpents, let me breathe a while!

Ugly hell, gape not! Come not Lucifer!

I'll burn my books- Ah Mephistophilis!”

One can easily detect the horror and terror expressed by Dr. Faustus in his final soliloquy. His fall indicates that, in spite of being an educated person, he made a great mistake by selling his soul to the devil. His repentance from his misdeeds leads the reader to realize that the path of the



devil is doomed. The story of Dr. Faustus symbolizes the eternal struggle between good and evil, and vice and virtue.

Ultimately the aim of literature is to make the world a better place, which is impossible without teaching morals. Therefore, moral is necessary for a piece of literature, which then functions as the main gist of any literary piece.

Making Use of Role Play in Value Education:

Role play is a very powerful technique in which the students act out problems of human relations and analyse the enactment with the help of other role players and observers. Role play is an excellent tool for engaging students and allowing them to interact with their peers as they try to complete the task assigned to them in their specific role. This work can be done in cooperative groups and/or students can maintain the persona of their role throughout the class period. Role play helps the pupils to get insights into their own problems as well as feelings, and it caters to the whole person as a learner.

Steps in the Role-Playing Process:

1. Defining the Problem:

The teacher has to select such a problem that is valid, meaningful and important to the group, and is concerned with human relations.

2. Establishing a Situation:

After guessing the desired learning outcome, the teacher establishes a situation. It means this step is dependent on the desired learning outcome.

3. Casting of Characters:

The teacher now selects only those pupils who can play the role well.

4. Briefing and Warming Up the Characters:



The teacher helps the selected students to keep in mind the problem.

5. Acting:

Students play their roles with action and dialogue.

6. Cutting:

If it is found out by the teacher that the selected scene is getting longer, the role-play is cut short.

7. Discussion and Analysis:

Now, the original problem under study is thrown to the students and reactions of the actors (behaviour aspect) as well as observers is discussed and analysed.

Students are more engaged as they try to respond to the material from the perspective of their character.

- Students immediately apply content in a relevant, real world context.
- Students take on a decision making persona that might let them diverge from the confines of their normal self-imposed limitations or boundaries.
- Students can transcend and think beyond the confines of the classroom setting.
- Students see the relevance of the content for handling real world situations.
- Teachers can create useful scenarios when setting the parameters of the role play when real scenarios or contexts might not be readily available.

Role play helps the students to get insights into their own problems as well as feelings, and it caters to the whole person as a learner. It is a social space that develops speaking and listening skills, as well as giving students the opportunity to reflect on and develop their knowledge of a topic, while sparking and enhancing creativity and imagination. It also develops the students' independence and problem solving skills.

Best aspect of Co-curricular activities is that they are part of academics, and makes teaching and learning experience exciting for both students and teachers. Students through classroom activities like quizzes, debates, recitation and any more academic games learn better.



The essential skills and values the students can develop through co-curricular activities are: Logical and analytical thinking, Critical thinking, Creative thinking, Problem-solving skills, Leadership skills, Social skills, Emotional skills, Communication skills, Technology skills, Social values, and Ethical values.

When curriculum and co-curricular activities are integrated together, then the students' chance of learning more and exploring more about their strengths, interests, and abilities becomes higher.

Therein lies the importance of co-curricular activities which are supplementary to the theoretical curriculum. Therefore, co-Curricular activities along with academics are essential for every student.

Role of Teacher in Inculcating Values:

The teacher has to play a very important role in value oriented education. The ideal personality of the teacher influences the moral development of the students. The teacher should relate value education to concrete situations. In the process of inculcation of democratic, social, moral and spiritual values in education, the role of the teacher cannot be ignored. The success and the achievements of an educational system depend to a great extent on the ideals that animate the teacher and the student. The changes that take place in the educational field have changed the role of teachers too. Teachers are the ultimate instruments of change. The qualities such as tolerance, acceptance, a wider view, global awareness, and equal justice rest within the teachers to shape the child in all possible ways to face this competitive world of today.

Inculcation of Democratic Values

The teacher is the pivot in Education. An ideal teacher should be fair, should motivate the students and should have a passion for teaching. In a country like India, democratic values are reflected in all walks of life and in all aspects of society. A growing body of research shows that teachers' sense of efficacy is connected to their commitment to teaching, their attitudes towards using innovative instructional strategies, students' academic achievement, and motivation. In



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In addition, it has also been found to be related to teachers' behavior in the classroom, their attitudes to teaching, stress and burn-out and their willingness to implement innovation. The teacher's effectiveness is supported by democratic values and beliefs of teachers. The democratic values or beliefs that a teacher should have are freedom, equality, and justice.

Education is not the only source for establishing a democratic culture; family, media and other institutions contribute to this process as well. However, institutions have the essential role in this process as they maintain structured and formal educational programmes. Democratic values must be reflected in both the formal curricula, through explicit teaching, and throughout the hidden curriculum codes of conduct, mission statements and classroom interactions that model democracy and respect for the rights of all. Democratic citizenship can emerge by reflecting education through democratic values in both curricula. In this direction, the teachers are responsible for helping children develop an appreciation of core democratic values and they must help them develop a sense of commitment and attachment to those values.

Teachers who want to practice democracy should demonstrate their beliefs by giving importance to democratic values in their classrooms. The more a teacher understands democracy and incorporates it in the classroom the more it will be understood by students. The teacher is the key factor in the process of building a democratic classroom. A democratic teacher also needs to be fair, applying rules uniformly and listening to student explanations for misbehavior before making decisions.

With respect to rights, teachers should help students understand about their right to make a choice for themselves and teach them how to use this right. One of the duties of the teacher in a democratic classroom is to develop a positive education process, which includes creating a cooperative learning environment, respecting students, and motivating them to develop their social relations sufficiently. Students must feel free to think and be creative and be comfortable enough to conduct discussions openly. In other words, the environment must be safe enough for students to take risks. A democratic classroom provides a safe and active learning environment where student rights are guaranteed.

Teachers' beliefs, thoughts and decisions on educational matters occupy the major part of the psychological context of teaching process. Educators should demonstrate respect for children



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by establishing children's decision making bodies and peer mediation, trusting children to organize their events and empowering children to explore issues, to discuss, to formulate opinion, to debate and to propose strategies to deal with conflict and achieve reasonable goals. The role of teachers is to provide a safe space for children to express themselves, and simultaneously to build in certain forms of interactions. They need to step out of the role of 'moral authority' and learn to listen with empathy and without judgment, and to enable children to listen to each other. An atmosphere of trust would make the classroom a safe space, where children can share experiences, where conflict can be acknowledged and constructively questioned, and where resolutions, however tentative, can be mutually worked out. It is important to create an environment in the class in which every student in the class is able to participate freely and this can be done by encouraging students when they respond in the class. Teacher should always encourage the students who seldom respond in the class. Encourage students to self evaluate their work or adopt the strategies of peer evaluation in the class. In this way they will feel responsible for their own studies. The teacher should keep in mind that there should not be any discrimination in the class between back benchers and front benchers.

Inculcation of Character and Personality Development

Teachers can play a vital role in this regard. A teacher must succeed in conveying the larger ideals of service to the community, virtues of tolerance and respect for all faiths, importance of character, integrity and discipline and the value of humanism to his pupil. The later should also be made aware of our heritage and culture. They should develop a mature attitude towards religion. Acquaintance with prayers of different religions and hymns and songs of various faiths may also help young minds to recognize the intrinsic purity, beauty and practical usefulness of different religious thoughts. Developing a harmonious and integrated personality would just not be possible if the system does not inculcate values embedded in the culture, heritage and traditions. Indian heritage, culture and values need to be thoroughly studied, analyzed and incorporated comprehensively in the educational system right from the pre-primary stage to higher education.

Some of the basic morals and values are taught in the home but some of them are taught by the teachers/ role models. The teachers should put attention to teaching it through various methods which should be creative and interesting to bring and retain the interest of the students.



It can be some sort of activity, the narrative that motivates them to get indulge in the good deed behavior. As students spend a better part of their day in educational institutions, it becomes imperative that teachers take over the responsibility of creating an ideal environment so that qualitative values can be restored. Inculcating values in youngsters needs to be done with zeal and enthusiasm. Students observe and learn from their teachers. They not only imitate them but also imbibe their behaviour pattern. Thus, teachers need to become role models for their students. They must integrate values with the curriculum, highlight the positive aspects of day-to-day issues and inculcate values in children by adopting an indirect and friendly approach. As morals and values cannot be imposed, teachers must discuss new happenings and incidents, to create an environment so that students are induced to think, analyse and learn to differentiate between the right and the wrong. Compared to the outside world where students have too much to get distracted by, teachers can play a pivotal role in discovering the interest and aptitudes of their students and also inspire and motivate the young minds towards the right direction. Teacher's role is highly significant in shaping and moulding the future of a nation by tending the young minds as the architects of the future generation.

Conclusion

Value based education is an essential part of students' lives and it establishes an environment that helps them to grow in their academics as well as in the society. Values help in the formation of positive thinking. It helps in developing understanding and relationships between students and teachers. It also enhances attitudes and ways of looking at situations that help them to achieve their objectives and success in all the ups and downs.

If an institution does not promote the extra-curricular and co-curricular activities in proper direction, students might probably go into a situation where they will find chaos with no fruitful outcome. Therefore, the extra-curricular and co-curricular activities should not only be promoted by the institution but suitable mentors should be provided for the same. From level of school to the university, the teachers have great role to enrich their student in all respect through co-curricular activities. Although the role of teachers in the overall personality development of student is almost unlimited, some of them are listed below:



- The institute/university must plan different activities to be carried out systematically throughout the year without much disturbance of academic.
- The concern faculty member should provide sufficient opportunity to their students to perform co-curricular activities without any stress.
- The institute should introduce some innovative programmes and encourage the students to effectively participate.

Inculcation of values helps the students to develop their skills and their overall personality. They get to know about their obligations, different cultures, what is right and what is wrong. Values help to have an understanding of what is morally and ethically right and wrong. It defines a proper way to behave in society.

Exercise

I. Answer the following questions in 150 words each.

1. Analyse the ways to inculcate values through education
2. Enumerate the examples of moral in literature
3. How does Role play help in developing values?

II. Answer the following questions in 250 words each.

1. Explain how values can be developed through curriculum
2. What are your views on values inculcation through co-curricular activities
3. Comment on the role of literature in inculcating values.



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